



June/July 2023 • Volume 49 • Number 6

12448 Braddock Drive • Los Angeles, California 90066

# VJCC Summer Festival: Time For Community by Jolyn

As we make our way back to "normal," we're excited that many of our favorite things about the VJCC Annual Summer Festival will be returning this year. The cultural demonstrations in the gym, the exhibits and hands-on activities in the Expo, the *ondo* dancing and our famous udon are things we look forward to with anticipation every year and can't wait to enjoy again. And while some pandemic-era policies are still in place that mean our traditional food and large game booths aren't able to come back this summer, we've adapted and are embracing a new way to celebrate. It's time for fun, friends and community.

For decades, the festival ran on the selfless generosity of volunteers who cooked, served, cleaned, entertained, set up and disassembled an entire village - all within just a few days. This year, the event will offer food trucks and other pre-packaged foods, along with game booths that are less labor-intensive, so that we can all have more time to enjoy ourselves and to reconnect with our community. Held on June 24, the festival will be packed full with demonstrations, activities and dancing, topped off with a special concert by **Brian Yamamoto** and his band, **Elemental Funk**, who will perform in the gym from 7:00pm-9:00pm.

We can't wait to see all of you there!







# Gym Windows and Stage Lighting Bonus!

The inside of the gym looks much brighter since the completion of the windows and awnings project on May 4. In addition to increased natural light coming through the windows, there is a bonus boost from upgraded lighting in front of the gym stage, paid for by generous donations from **Kinecta Credit Union** and the **VJCC Pickleball Club**. The gym was closed, and scaffolding and lifts were already in place for the windows project. A few determined people put their heads together and figured out how to complete two projects in the same time frame as one!

### **Board Visions**

Before I dive into my message, I wanted to remind folks that our 20th Annual VJCC Golf Tournament will be on Saturday, October 14, at Los Serranos Golf Club with a 7:45AM shotgun start. Please register and come out and join the fun!



I wanted my message this month to acknowledge and thank all of our volunteers and generous donors to the VJCC. I found a brief bit of important historical and cultural history, which is why I wanted to show my appreciation and the significance of volunteerism. In 1941, volunteer efforts and monetary donations contributed to the purchasing of the land and building of the initial structure of the VJCC. When World War II ended in 1945, these grounds served as a hostel for many of our community members as they returned to the area and started to rebuild and reestablish their lives. As our community grew, the VJCC continued to expand with additional building projects and programs funded by generous monetary donations and volunteers to manage operations. Fast forward to present day, and we are fortunate to still have many members contribute to our current building expansion plans and volunteers who are starting up new, fun and exciting events and clubs such as Kevin Kunisaki's Sunday Pickleball club example from last month's article. Thank you again to all of our volunteers, youth leaders and teachers for our many classes and clubs. Your dedication, time and efforts allow the VJCC to continue to be "A center to preserve the heritage and perpetuate the Japanese American cultural experience." I am confident that the VJCC will continue to be a thriving establishment that will serve the growing needs of our members and community.

Dave Hirota

### **SAVE THESE DATES**

Summer "Natsu Matsuri" Festival Saturday, June 24, 12PM - 9PM

VJCC Clean-up Sunday, August 20, 8AM

**Arts & Crafts Fair** Saturday, September 23 **VJCC Golf Tournament** Los Serranos Golf Club Saturday, October 14

Please check VICC.com for the latest updates.

"A center to preserve the heritage and perpetuate the Japanese-American cultural experience."

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### **Donations: May 2023**

The VJCC gratefully acknowledges the following donations of time, material, and money:

Craig Cummings	. Monetary Donation
Judith Sakahara	\$100
Bill & June Takeshita	\$500
VJCC Pickleball Club	\$4,500
In Memory of Noe Yamabe	
Mary Yamabe	\$1,000

### **Summer Festival**

Anonymous\$100	)
Asahi Gardens\$200	)
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Kazuko Kato Monetary Donation	1
Kubota Nikkei Mortuary \$200	)
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Ichiro & Grace Miyoshi Monetary Donation	1
Ray & Nancy Nakagama Monetary Donation	1
Glen Nakano	)
Union Bank \$200	)

### **Legacy Tree: May 2023**

The VJCC gratefully acknowledges donations and pledges towards the Legacy Tree:

Frank Goya Family......\$10,000



### **Board Vision by Dave Hirota – June/July 2023**

メッセージの前に、第 20 回 VJCC 恒例ゴルフトーナメントのお知らせをさせていただきます。

10月14日(土)、ロスセラノスゴルフクラブで7時45分ショットガンがスタートします。

皆さん、どうぞ参加申し込みください。

今月のメッセージは、VJCC へのボランティアと寄付のお礼とさせていただきます。

歴史的にも、文化的にも重要なことに気が付いたので感謝をすることとボランティアの重要性を示したいと思いました。 1941 年にボランティアの人たちの努力と、集まった寄付金とで土地を購入し、VJCC の最初の建物が出来上がりました。1945 年に第 2 次世界大戦が終わり、会員の人たちがこの地域に戻ってきて、再建し始めて、復興し始めた時に、多くの会員の人たちのために、簡易宿泊所として、この場所が役立ちました。コミュニティーが大きくなると、VJCC は、追加の建設へと発展し続けました。早送りして現在を見ると、私たちは、先月のニュースレターでクニサキケビンさんが紹介した日曜日のビックルボールのように、新しい面白いイベントを考えだしてくださるボランティアの人たちや、建物を増設するための熱心な会員の方々がいて、とても幸運です。クラスやクラブのボランティアの人達、若いリーダーの人たちや、先生方、本当にありがとうございます。皆さんがボランティアに時間を注いでくださったり、寄付をしてくださっているおかげで、VJCC が皆さんにとって、かけがえのない場所であり続けていることに本当に感謝いたします。

これからも、どうぞよろしくお願いいたします。

ヒロタデーブ

# 2023 VJCC SUMMER FESTIVAL

### **ONDO PRACTICE SCHEDULE**

All practices at 7-8:30PM

Thursday June 8

Saturday June 10

Thursday June 15

Saturday June 17

Thursday June 22



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# SATURDAY JUNE 24TH

2:00 PM Hula フラダンス

> 2:30 PM Kendo 剣道

> 3:00 PM Karate 空手

3:30 PM Judo 柔道

4:00 PM Taiko 太鼓

4:30 PM Miss Western LA & VJCC Scholarship Awards

> 5:30 - 6:30 PM Ondo おんど

7:00 - 9:00 PM Elemental Funk



Pelebrate + Socialize + Dance

Food Trucks, Udon, Games, Martial Arts, Taiko, Ondo Dancing (5:30PM-6:30PM), Japanese Cultural Exhibits, Music and Dance featuring Elemental Funk



VJCC • 12448 Braddock Drive • Los Angeles 90066 **Admission is free** 1 block west of Centinela Boulevard, ½ mile north of 90 freeway

Raffle prizes to be drawn throughout the day.

Top prizes drawn after Ondo at 6:30pm.



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### MARINA BONSAI CLUB

Frank's Big Birthday by Lloyd Garver

On May 6th, the Marina Bonsai Club had a very special meeting. In addition to working on our bonsai trees, we celebrated sensei Frank Goya's 100th birthday. It was a beautiful day at Shinya Miyakoshi's house, and was made more beautiful by the occasion.



Diana was in charge of the cake, and it was because of this giant cake that on that weekend, there was a chocolate shortage in L.A. Frank, who has seen so much in his life, seemed a bit



startled by its size. But it was appropriate, since this was a big, big event.

We were not just happy for Frank. We were happy for ourselves. We all know how lucky we are to have Frank as a teacher and as a friend. He's a special guy.

In addition to the cake and the celebration, the club gave Frank a special book that contained photos, remembrances, and salutations. Gordon Anderson

was in charge of designing the book, and the visual editing was done by David Garver.

Even in the midst of the party, Frank and sensei Shig Miya still found time to do some teaching and bonsai styling.

One of the nicest things about the day, was that so many students, friends, and family were able to celebrate this momentous birthday with Frank. In the photo below (from left to right), are Kikuyo and Marianne Yamaguchi, Jay, Shig, and Dean Miya, Frank's daughter Emily Hilbert, and Shigeko Iwasaki. They make up only a small part of his actual family and his bonsai family.



Happy 100th birthday, Frank. The Marina Bonsai Club

### Keiro no Hi Festival



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For questions or concerns, please contact programs@keiro.org or 213.873.5708.

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### **VENICE PIONEER PROJECT**

June 2023

### PIONEER PROJECT @ VJCC SUMMER FESTIVAL - SATURDAY, JUNE 24, 12noon-9pm

<u>GENERAL STORE</u> – The Project will have only one classroom (not 2 rooms) for sale merchandise. Space is very limited. No clothes, magazine, & books.

<u>DONATIONS</u> – <u>PLEASE</u> only items in <u>CLEAN & in GOOD CONDITION</u>. The Project does NOT have enough volunteers to accept <u>OLD & DIRTY</u> items to clean, sort, price, and display in such a short time period. Please clean & dust the items before bringing them.

<u>HEALTH ISSUE</u> also of dust, mites, molds, bugs (**spiders**, **roaches**, **silverfish**, etc.) when in storage for long periods of time.

**<u>DELIVERY OF ITEMS</u>** – All day Friday June 23 and Saturday morning. **SORRY**, there is no storage space at the Community Center to accept items earlier.

<u>PLANT SALE</u> – A limited plant sale will be in front of the classroom.

**MONETARY DONATIONS** – are welcome for contributions. The Project can continue to have discounted trips and free luncheons.

THANK YOU FOR YOUR CONTRIBUTIONS AND COOPERATION.

**<u>'PEACE ON YOUR WINGS'</u>** at the JACCC ARATANI THEATER -- August 6 Sunday -- An Original live Musical. Included in the trip will be LUNCH in J-town, BUS & gratuities. Reservation - mail in flyer - tickets are limited.

Visit the VJCC Photo Club's annual exhibit at the 2023 Summer Natsu Matsuri Festival on Saturday, June 24th, 2023. Our ten photographers will be showcasing many different images taken all over Los Angeles, the United States, and the world.

# PHOTO CLUB - 06.2023







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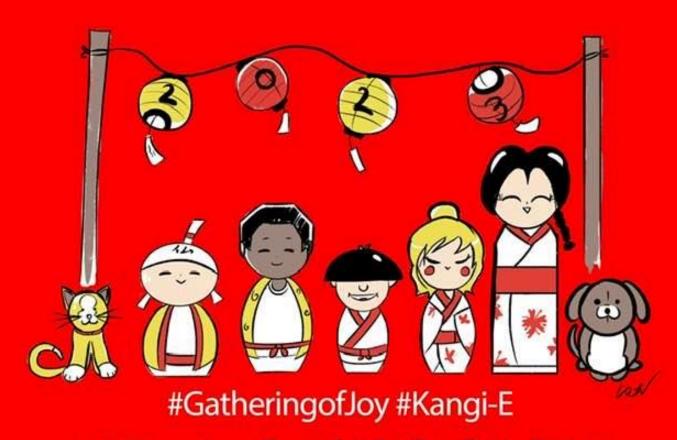
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メモリアルデーも終わり、学校も学年末を迎え卒業式が各地の学校で行われました。

日も長くなり、夏がやってきた感じがしますね。今月の24日は、VJCC恒例の夏祭りが復活します。ステージでは、空手のデモンストレーションも行われます。日ごろの練習の成果を発表する良い機会です。また、ご無沙汰している友人や家族と、再会する機会でもあります。夏祭りが来るのが楽しみですね。

今月は、ジュニアインストラクターのデュビッチェブラッディミアさんが人生における 空手の「残心と思考態度」についての思いを共有してくださいました。

「残心」

デュビッチェブラッディミア

残心とは、武道において、技を終えた後、力を緩めたりくつろいでいながらも注意を払っている状態を示します。残心というのは、休みなく、無意識のうちに、注意して危険なことに対して、持続的で、用心深くしている心のことでもあります。言い換えると、常に周りに注意を払っている状態ということです。現代社会では、日々従わなければいけない、多くの社会的規範や、ルールがあります。

空手の稽古をしているとき、特に組手では、相手の動きに気配りをしないといけません。相手が疲れているように見えるか?息遣いが荒くないか?特別な技を仕掛ける前に、相手の身体に何か前触れがないか?相手に対して、即座に予測して、素早く反撃するための細心の注意と警戒をしないといけません。それは、予測された永続的な分析で、最適な解決策を見つけるためのより良い状況を評価します。優秀な空手家でさえ、組手との対戦の時に、永続的な残心の段階なしということを意味する守りが衰えて、危うくなり、経験の少ない相手に対して負けてしまうことになります。

武道をしている人の中には、平均的な人たちよりも、本能的に、用心深い人もいます。 危険から身を守ることは、いい習慣です。私たち空手家は、空手家として毎日、常に道 場の中でも外でも、残心の稽古をしなければなりません。危険なことが起きた時に備え て準備してそれを最小限にすることは、いい日課です。

残心は、危険なことから身を守るための用心深くするための自然の方法でもあります。 通りを渡っている時に、緊急の事態が起きた時に、あなたが建物の中にいて、出口がど こにあるかを知らせるか、目前に迫った攻撃の場合に、あなた自身を防御し、守るため の攻撃者や、武器を認識することができます。この集中の考え方は、動物や兵士のよう に、周辺の視野を常にたくさん持つようにすることです。

### ★今後の行事予定

6月22日から25日 JKA WF アメリカキャンプとトーナメント(チャペルヒル ノースキャロライナ大学)

6月24日 VJCC 夏祭り

空手クラブでは、毎週月曜日と木曜日の午後4時から5時と、7時から9時15分、多目的教室で稽古をしています。体力づくりを始めたいとお考えの方は、是非、見学にいらしてください。詳細は、VJCCのオフィスにお問い合わせください。

### **VENICE KARATE CLUB**

June 2023

We hope everyone is doing well. Memorial Day has come and gone, the school year is wrapping up, and days are getting longer as we head into the summer season.

This month, on the 24th, the annual Summer "Natsu Matsuri" Festival returns to the VJCC. For the Karate Club it is a time for students to showcase their skills, and for friends and family it is a time to not only enjoy food, culture, and games, but to reunite with friends and family of old and new generations.

This month, junior instructor Vladimyr Dubuche has kindly shared his thoughts on the "Zanshin mindset" in Karate and in life:

\_\_\_\_\_\_

### Zanshin

By Vladimyr Dubuche

Zanshin is a state of awareness, "remaining mind or spirit". In Karate training this is a condition where you are completely focused on action with proper body posture after a technique is executed.

Zanshin is also having a persistent and watchful mind that never rests and unconsciously is always looking and identifying possible danger, in other words constantly being alert of your surroundings.

In a modern society, there are many social norms and rules that we must comply with daily. Zanshin should be one of them.

When we practice karate, especially in kumite we must be attentive to the opponent's every move. Does he look tired? Is he breathing heavily? Any early sign of his body before a specific technique? The attention to details and vigilance must be done instantly to anticipate faster counterattack against the opponent. It's a persistent analysis to anticipate or assess better the situation to find the best appropriate solution. Even the best karateka in a kumite match can be fragile at some point if one's guard is let down, meaning without a permanent stage of zanshin, anyone can lose to a lesser experienced opponent.

Some people with martials arts training are more instinctively vigilant than the average person, it's a good habit to protect oneself from danger; as karateka we must practice zanshin every day inside and outside of the dojo at all times, it's a good routine to be prepared and minimize risk in case of danger.

Zanshin is also a natural way of always being cautious to help you escape or avoid placing yourself in a threatening situation and stay away from conflict. When crossing the street, if you are in a building in case of emergency knowing where the exits are located, or in case of an imminent attack being able to identify the aggressors or any weapon involved to better defend or protect yourself. This mindset of focus is like always having a peripheral vision much like like an animal or a soldier on watch.

The Venice Karate Club meets every Monday and Thursday from 4-5pm, and 7:00-9:15pm. Whether you are continuing your training or are interested in starting something new, our Club will always welcome you.

If interested, please contact the Venice Japanese Community Center office for details.

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### SENIOR NUTRITION

June 2023

Senior Nutrition's <u>Spring Bake Sale held on May 22</u> was a rousing success thanks to our volunteers. These fabulous people baked and made various goodies – both sweet and savory (cakes, breads, mochi, cookies, manju, edamame rice, somen salad, nishime, so much more), purchased a lot of the goods, and made donations to the program. They also recruited friends and family to cook, bake, and contribute to the sale.

We also appreciate the support of all those who came to the bake sale. It was hard work, but fun to see our seniors and old friends mingling with each other throughout the day.



Our <u>Fall Bake Sale</u> is scheduled to be on October 30 (the day before Halloween). We are planning to have a craft table that will include our most asked-for item – kitchen scrubbers! Since we depended upon Kay Shimizu and Elinor Suzuki to make this popular item in the past, the "newbies" will have to re-learn how to make them without Kay's and Elinor's supervision and their keen eye for perfection!

Join us for our "Fun Friday" activities:

Bingo – every Friday for 10:15 a.m. – 11:30 a.m.

<u>Cake Day</u> – Celebrate birthdays on the 3<sup>rd</sup> Friday of every month (except December)

Bento Day – last Friday of every month except December

<u>The Garden Market</u> – 1<sup>st</sup> and 3<sup>rd</sup> <u>Mondays</u> (May – November)

- share your garden bounty and/or pick up some home-grown vegetables, fruits, herbs, etc. while they are in season. (Note: Starting in June in 2023 due to the long rainy season)





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Contact Sharon at

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for details and additional information.

# 2023 VJCC SUMMER FESTIVAL

ONDO PRACTICE SCHEDULE

All practices at 7-8:30PM

Thursday June 8

Saturday June 10

Thursday June 15

Saturday June 17

Thursday June 22

# Senior Wellness Program









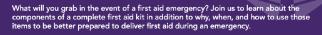


### JULY 2023



SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	I	2	63
4	510-11am Tai Chi (MPR) 12 -2pm Chinese Mahjong (L)	G 10-11am AE Class (MPR) 10-12pm Chinese Mahjong (L)	7	8 10-11am AE Class (MPR) Coloring context begins (ends 8/30)	1-2pm Keiro First Aid Seminar (VBHT)	Ю
11	12 10-11am Tai Chi (MPR) 12 -2pm Chinese Mahjong (L)	13 10-11am AE Class (MPR) 10-12pm Chinese Mahjong (L)	14	15 10-11am AE Class (MPR) Last Day!	16	17
18	IO 10-11am Tai Chi (MPR) 12 -2pm Chinese Mahjong (L)	20 10-12pm Chinese Mahjong (L) 11-12:30pm Origami Activity (CR)	21	22	Locatio	
25	26 10-11am Tai Chi (MPR) 12 -2pm Chinese Mahjong (L)	27 10-12pm Chinese Mahjong (L)	28		L = VJCC Lo R= VJCC Multip R = VJCC Confer	urpose Room

First	Aid



### You will learn about:

- Different types of first aid kits
- Situations & scenarios that require first aid

### Hosted with Venice Hongwanji Buddhist Temple

WHEN: Friday, June 9, 2023

TIME: 1:00 - 2:00 p.m.

WHERE: Venice Hongwanji Buddhist Temple

RSVP: For any questions or to RSVP, please contact vhbtlive@gmail.com

office@vjcc.com, or 310.391.4351 to sign up.

This project was supported by Grant Cooperative Agreement Number PH-002457-15 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official view of the CDC and the Los Angeles County Department of Public Health, Emergency Preparatiness and Response Division.



Founded in 1961, Keiro improves the quality of life for older adults and their caregivers in the Japa community of Los Angeles, Orange, and Ventura counties. For more information, visit keiro.org.













Origami Activity Tuesday, June 20th 11-12:30pm (light lunch will be provided)

The "Japanese Doll" Coloring Contest Begins June 8 - August 31st

1st place winner - \$30 Mitsuwa Gift Card. Must be a current VJCC member to participate. Pick up entries at the VJCC lounge.

MON TUE 3 10-11am Tai Chi (MPR) 4th of July CLOSED 12 -2pm Chinese Mahjong (L) 10-11am Tai Chi 10-12pm Chinese Mahjong (L) (MPR) 11-12:15pm 12 -2pm Chinese Community outreach Mahjong (L) presentation 10-11am Tai Chi 10-12pm Chinese (MPR) Mahjong (L) 12 -2pm Chinese Mahjong (L) 10-12pm Chines Mahjong (L) 10-11am Tai Chi (MPR) 10:15-11:30am Walking 12 -2pm Chinese club (light lunch Mahjong (L) included) 10-11am Tai Chi

**Neighborhood Safety** with LAPD Sargent Brian Cooke Tuesday, July 11th 11-12:15pm (light refreshments will be provided)

(MPR) 12 -2pm Chinese

Mahjong (L)

Walking Club Tuesday, July 25th 10:15 - 11:30am (light lunch will be provided)

All classes and activities are FREE to all VICC members 60 years and older. Our number one priority is the safety of our participants. All classes and activities still follow strict CDC protocols. e.g., face covering. Participants must be fully vaccinated and had taken first booster shot. Scheduled events can change without notice. Any questions or to RSVP please contact Gayle Hirami @ gayle hirami@yahoo.com. or call the VJCC office at 310. 822.8555



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# **Arts and Crafts Fair**

Saturday September 23, 2023 9:00 AM - 3:00 PM

### FREE Admission and Parking | Cash or check only

- Family clothing apparels
- Hawaiian handmade crafts
- - & Original & custom jewelry &
    - - Limited Food Items

**Venice Japanese Community Center** 12448 Braddock Drive Los Angeles 90066 310-822-8885

All proceeds benefit the VJCC







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On Saturday, October 14, 2023, the VJCC will hold its 20th Annual Golf Tournament at Los Serranos Golf Course in Chino Hills. We are excited to experience this new venue which was established in the mid-1920s.

This golf tournament is one of many events held by the Venice Japanese Community Center that allows us to gather with our friends, family, and supporters.

The Venice Japanese Community Center recently had its 100-year anniversary. Along with our mission statement, it is this sense of community which continues to keep our center relevant.

The funds raised by the tournament will be used for future renovation projects.

The success of the tournament is dependent on individual, club, organization, and corporate sponsorships, as well as prize donations.

Sponsors, participants, and donors will all be helping to build the future for the VJCC. We invite you to participate in the VJCC Golf Tournament.

# VJCC Golf

Tournament

Saturday, October 14, 2023 Los Serranos Golf Club 15656 Yorba Avenue Chino Hills, CA 91709

### **MISSION STATEMENT**

To preserve, share and promote the Japanese and Japanese American culture and heritage, and provide for the needs and interests of the Japanese American community through education and instruction. Last year, for the first time, we held a Golf Ball Roll. Based on the success and feedback from our participants, we decided to do this again.

The cost is \$10.00 per golf ball. At the course, the golf balls will be rolled toward a designated hole. Any ball(s) falling into the hole will be declared the winner(s).

Every paid entry will receive a number that has a corresponding numbered ball to be rolled at the tournament. The ball closest to the pin will be declared the winner in the event that no ball rolls into the hole.

50% of the net proceeds will be split evenly and awarded to the winner(s). Results of the event will be posted on the internet immediately after the event.

Your name and number(s) will be posted on the VJCC website – <a href="https://www.VJCC.com">www.VJCC.com</a> – prior to the Golf Ball Roll event.

Thank you for your continued support, The VJCC Golf Tournament Committee

# 20th Annual VICC GOLF Tournament DATE: Saturday, October 14, 2023 PLACE: Los Serranos Golf Club 15656 Yorba Avenue Chino Hills, CA 91709 (909) 597-1769 TIME: 6:15 a.m. Registration 7:45 a.m. Shotgun Start 1:00 p.m. Awards Lunch COST: \$180.00 includes: Greens Fee and ½ Cart Tee Gifts

Prize Fund

Breakfast Burritos and

Awards Lunch Buffet

Includes Side Games FLIGHTS: Flights TBD & Callaway

August 26, 2023

FOR MORE INFORMATION: E-MAIL: Golf@VJCC.com

4 Person Team Scramble

REGISTRATION DEADLINE:



### **Sponsorships**

### PLATINUM SPONSOR: \$2,000

- Free ½ Page Ad in VJCC Newsletter for One Year
- · Recognition on Tournament Banner
- 4 Players, including Lunch
- 3 Tee Sponsorships on Golf Course
- · Special Recognition during Awards Lunch

### GOLD SPONSOR: \$1,500

- · 4 Players, including Lunch
- 3 Tee Sponsorships on Golf Course
- Special Recognition during Awards Lunch

### SILVER SPONSOR: \$750

- 2 Players, including Lunch
- 2 Tee Sponsorships on Golf Course
- Special Recognition during Awards Lunch

### BRONZE SPONSOR: \$400

- 1 Player, including Lunch
- 1 Tee Sponsorship on Golf Course

### SUPPORTING SPONSOR: \$100

• Tee Sponsorship on Golf Course

FRIENDS SPONSOR: \$25

GIFT SPONSOR: Gift for Raffle (\$50 value or greater)



### Registration

☐ Platinum Sponsor	\$2,000 =
☐ Gold Sponsor	\$1,500 =
☐ Silver Sponsor	\$750 =
☐ Bronze Sponsor	\$400 =
☐ Golf/Lunch	_# players x \$180 =
☐ Lunch Only _	# people x \$45 =
☐ Supporting Sponsor	\$100 =
☐ Friends Sponsor	\$25 <b>=</b>
Golf Ball Rolls (see back cover for more information)	# of Balls x \$10 =
☐ Gift Sponsor	
GIFT & VALU	
GIFT & VALU	
GIFT & VALU	
GIFT & VALU My Team will play:   Med  Contact Person  Address	
GIFT & VALU My Team will play:   Med  Contact Person  Address  City	al □ Scramble
GIFT & VALU My Team will play:   Med  Contact Person  Address  City	al □ Scramble  State Zip Code
GIFT & VALU My Team will play:   Med  Contact Person  Address  City  Phone	al Scramble  State Zip Code  Email NUMBER GOLF IN 10112
GIFT & VALU My Team will play:   Med  Contact Person  Address  City	al Scramble  State Zip Code  Email NUMBER  ROLLS  GHIN#
GIFT & VALU My Team will play:   Med  Contact Person  Address  City  Phone	al Scramble  State Zip Code  Email NUMBER GOLF IN 10112
GIFT & VALU My Team will play: □ Med  Contact Person  Address  City  Phone  Name of Golfer #1  Name of Golfer #2	al Scramble  State Zip Code  Email    NIMMERS GOLF RA ROLLS   Callaway GHIN#   Callaway GHI
GIFT & VALU My Team will play:   Med  Contact Person  Address  City  Phone	al Scramble  State Zip Code  Email NUMBER GOLD & ROLLS  GHINF GRINF

Make check payable and mail to:

Venice Japanese Community Center

Attn: Golf Tournament

12448 Braddock Drive

Los Angeles, CA 90066





# venice knight racers



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DAYLEN DACAY PALISADES HIGH



# venice knight racers





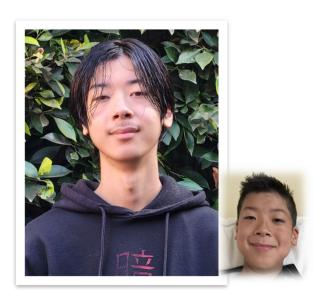
JOSHUA SUN VENICE HIGH





REECE BALLARD UNIVERSITY HIGH





TREVOR ORNE PALISADES HIGH



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VJCC<sub>TM</sub>
Community News







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### VENICE JAPANESE COMMUNITY CENTER

2023 ONGOING PROGRAMS & CLASSES						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:30 Taiko 3:30 Virtual Sunday Yoga 5:30 Volleyball Adult 8:00 Basketball Adult	9:00 Pickleball 10:00 Tai Chi (60+) (Senior Wellness Program) 10:30 Sr. Nutrition  ▼ 1:00 Craft Workshop 4:00 Basketball VYC 6:00 Karate (Beginner) 6:30 Aikido 7:00 Del Rey H/O (1st Mon) 7:00 Karate	09:00 Adult Zumba 10:30 Sr. Nutrition   T  1:00 Virtual Chair Yoga (Sr. Wellness) 4:00 Basketball VYC 7:00 Taiko 7:00 Boy Scouts 7:00 Judo	9:00 Pickleball 10:00 Seigin-Kai 10:30 Sr. Nutrition        4:00 Basketball VYC 7:30 JACL (1st Wed) 7:00 Kendo	10:30 Sr. Nutrition  ▼ 12:30 Ballroom Dance * 12:45 Ukulele*     (Inter.I &II) 4:00 Basketball VYC 6:00 Karate (Beginner) 6:00 Aikido 7:00 Ikebana 7:00 Japanese as     Sec. Lang. (Beginner) 7:00 Karate	9:30 Sumi-e 10:30 Sr. Nutrition  ▼ 4:00 Basketball VYC 5:30 Hula 7:00 Japanese as Second Language (Intermediate) 7:00 Judo 7:30 Kendo	7:15 Aikido 9:00 Japanese Language (Children's) 9:30 Japanese Dance* 9:30 Basketball VYC    T:00 Koto* 2:00 Bunka Shodo 2:00 Iaido
Same as Week 1	Same as Week 1 10:00 Watercolor	Same as Week 1	Same as Week 1	Same as Week 1	Same as Week 1	Same as Week 1 3:00 Iaido
	▼		7:30 VYC Mtg (2 <sup>nd</sup> Wed)		7:00 Bonsai (2 <sup>nd</sup> Fri)	•
Same as Week 1	Same as Week 1	Same as Week 1  7:00 Boy Scout Parents 7:00 Photo Club (3rd Tues)	Same as Week 1  7:00 CBO (3 <sup>rd</sup> Wed) 7:30 VJCC Exec Council	Same as Week 1  7:00 Japanese as Sec. Lang. (Beginner)	Same as Week 1  7:00 Japanese as Second Language (Intermediate)	Same as Week 1
Same as Week 1	Same as Week 1 10:00 Watercolor	Same as Week 1  7:00 Bonsai (4 <sup>th</sup> Tues)	Same as Week 1  7:00 RAP (4 <sup>th</sup> Wed)	Same as Week 1	Same as Week 1	Same as Week 1 3:00 Iaido

Revised 6/1/2023

### **2023 REPRESENTATIVES**

Arts & Crafts		Martial Arts	
	Ruby Kita	Aikido	Tom Scheir
	June Inai	laido	
	Ko Yoshida	Judo	
Boy Scouts		Karate	
	Bill Conroy	Kendo	
	Ted Nishimura	Music	•
Exercise			
Yoga	Leslie Masuda	Koto	Eiko Idota
Zumba	Leonore Miller	Shigin (Seigin-Kai)	
Dance		Taiko (Koshin)	
Ballroom Dance	Gayle Hirami	Ukulelè	Kay Kawano
	Wen-Chia Parker	Podiatrist (Dr. Kenneth Teshima)	
Japanese Odori	Dianne Fukuwa	RAP	
		Seniors	•
JACL (Venice/WLA)	John Saito	Nutrition	Tina Grammatico
Japanese Culture		Pioneer Project	Eric Inouye
Bonsai	Shig Miya, Shinya Miyakoshi	Senior Wellness Program	Gayle Hirami
Ikebana	Satsuki Palter		-
Calligraphy (Japanese Br	rush Writing)	Sports	
Shodo	Fusako Ogasawara	Basketball (Adult)Chuan Michael	Chang, George Johnston
Sumi-e	Jane Shibata	Basketball (VYC)Kath	y Yamashita/Kazie Kame
Japanese Language		Pickleball (Adult)Mil k	(urashige/Ken Rosengrant
Gakuen (Youth)	Jolyn Brookes	Volleyball (Adult)	Stephen Fujimoto
Adults (as a 2 <sup>nd</sup> language	e)Fusako Ógasawara		

<sup>\*</sup> class has not yet resumed



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### **SAVE THESE DATES**

**Summer "Natsu Matsuri" Festival** Saturday, June 24, 12:00-9:00 p.m.

VJCC Clean-up Sunday, August 20, 8:00 a.m.

**Arts & Crafts Fair** Saturday, September 23

VJCC Golf Tournament Los Serranos Golf Club Saturday, October 14

Please continue to check VJCC.com for the latest updates for the Center.

### **IN THIS ISSUE**

VJCC 2023 Summer Festival Gym Windows and Stage Lighting Board Visions: Volunteers and Donors

### **Club News:**

Bonsai Club

Karate Club

Photo Club

Pioneer Project

Senior Nutrition

Senior Wellness

**VYC Graduates** 

### 日本語:

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