



# APRIL



# 2025

Monday

Tuesday

Wednesday

Thursday

Friday



**1** BBQ Chicken, BBQ Sauce, Sweet Potatoes, Barley, Sliced Cucumber w/house Vinaigrette, Orange, Low fat milk

**2** Chili Colorado (Beef), Red Sauce, Fran's Brown Confetti Rice, Seasoned Red Beans, Creamy Broccoli-Raisin Salad, Cinnamon Applesauce, Low fat milk

**3** Sweet & Sour Pork w/Pineapple, Red peppers & Onion, WG Spaghetti Noodles, Seasoned Green Beans, Coleslaw, Asian Drsg., Banana, Low fat milk

**4** Ranch Chicken, LS Peas, Brown Rice, Shredded Salad Lettuce/Tomato, Cilantro, Pear Slices, Low fat milk, Orange juice

**7** Tuna Noodle Casserole, Three Bean Salad, WG Roll, Mixed Green Salad Mesclun Mix, French Drsg., Fresh Apple, Low fat milk, Orange juice

**8** Beef & Broccoli, LS Sauce, Brown Rice, , Tri-Color Slaw, Red & Green Cabbage & Bell pepper, Banana, Tapioca Pudding, Low fat milk

**9** Chicken w/Alfredo Sauce, Barley, Stewed Tomatoes, Kale/Bell pepper/Mango Salad, Sliced Peaches, Low fat milk

**10** Roast Beef Au jus, Mashed Potatoes, WG Bread, Marinated Beets Salad, Pineapple Tidbits + Mango, Low fat milk

**11** Turkey Piccata, LS Sauce, Seasoned Herbed Carrots, Seasoned Greens Beans, WG Penne Pasta, Orange, Low fat milk

**14** Pepper Steak, LS Sauce, Steamed Brown Rice, Seasoned Broccoli, Ranch Corn, Pineapple Chunks in juice, Low fat milk, Orange juice

**15** Baked Chicken Gravy, Barley, Black-Eye-Peas, LS Kale & Spinach, Warm Cornbread, Orange, Low fat milk

**16** Chili Macaroni (G. Beef), WG Macaroni, Corn, Seasoned Green Beans, Coleslaw, Fresh Apple, Low fat milk

**17** Jerk Style Chicken, Jerk Seasoning, Confetti Brown Rice, Brussels Sprouts, Carrot-Raisin Salad, Banana, Low fat milk, Orange juice

**18** Salmon w/Caper Sauce, Yams, Brown Rice Pilaf, Lettuce/Tomato/Cucumber Salad, French Drsg., Peach & Prunes, Bread Pudding, Low fat milk, Orange juice

**21** Shepherd's Pie, Mashed Potatoes, Seasoned Green Beans, WG Roll, Pickled Beets, Fresh Pear, Low fat milk, Orange juice

**22** Spaghetti w/Meat Sauce, Tomato Sauce, WG Noodles, Green Peas & Cauliflower, Shredded Carrot, Pear & Bell pepper Salad, Sliced Peaches, Lemon Pudding, Low fat milk

**23** El Pollo Style Chicken, Brown Rice, Pinto Beans, Romaine & Shredded Red Cabbage, 1000 Island Drsg., Orange, Low fat milk

**24** BBQ Beef, BBQ Sauce, Seasoned Barley, Seasoned Spinach, Cornbread, Mesclun Salad Mix/ Garbanzo Beans, Ranch Drsg., Tropical Fruit Cocktail, Low fat milk

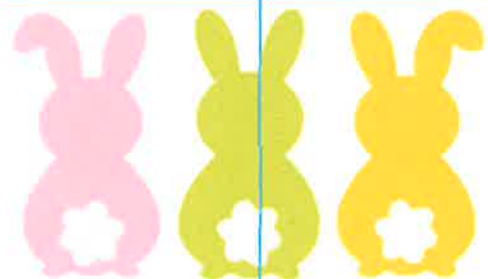
**25** Baked Fish (Swai) Tartar Sauce, Broccoli Spears, Brown Rice, Coleslaw, Fresh Apple, Low fat milk



**28** Tarragon Beef w/Mushrooms, LS Sauce, WG Penne Pasta w/Parsley, Green Peas, Carrot, Bell pepper, Celery Salad, Banana, Low fat milk

**29** Baked Lemon Chicken, Steamed Brown Rice, Seasoned Kale & Cabbage, Warm Cornbread, Marinated Cucumber Salad, Tropical Fruit Cocktail, Low fat milk

**30** Pork Chop, LS Sauce, Barley, Seasoned Lima Beans, Seasoned Yellow Squash, Sliced Pears, Sugar Cookie, Low fat milk, Orange juice



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