



The 20th VJCC Golf Tournament

by Norm Matsubara

The VJCC will be holding its 20th Annual Golf Tournament. Yes, 20 years of golf, thanks to our friends and supporters like you.


The tournament will be held at the historic Los Serranos Golf Course on October 14. This course opened in 1925 and, in the past, has been the site of many regional amateur qualifying events. This venue has two courses...our tournament will be held on the South Course.

This year your entry fee will include a breakfast burrito, lunch and all the side pots (longest drive, closest to the pin and straightest drive). Each golfer will receive a "goodie bag" filled with great items from the VJCC and our sponsors.

The VJCC Golf Tournament is an important fundraising event. The VJCC is fortunate to have great sponsors, golfers and friends who have supported this event in the past and we appreciate your support again this year. Money raised from the entry fees, sponsorships, raffle and golf ball roll will go to the ongoing maintenance and renovations of our facilities.



We hope this tournament will bring our community together, where family and friends can enjoy each other's company and support the Venice Japanese Community Center. For those who are unable to participate in the golf tournament, you can support this event by purchasing golf balls for the golf ball roll. The balls will roll down from the upper level of the putting surface to a designated hole. The winning ball(s) are those which fall into the hole, but if no ball(s) go into the hole, then the ball(s) closest to the hole will be declared the winner(s). The winner(s) will receive 50% of the net proceeds raised by the Golf Ball Roll event. Contact your club representative to purchase the golf balls.

We look forward to seeing you at the Tournament. 



Photos from 2022 VJCC Golf Tournament



SAVE THESE DATES

Arts & Crafts Fair
Saturday, September 23

VJCC Golf Tournament
Los Serranos Golf Club
Saturday, October 14

VJCC Clean-up (2nd try!)
Sunday, October 29, 8AM

Please check VJCC.com for the latest updates.



Board Visions



Greetings to all! Last year was my first message in this column, and this will be my second and last. At the end of this year, I will be resigning from my long-held position as member of the Board of Directors. I feel very blessed and honored to have served for over 16 years. But, I believe that my tenure has been long enough for serving as a Director; it is time to depart and let others have the wonderful opportunity to experience this important position in leadership of the VJCC.

Looking back all these years, I am most proud of assisting in a complete revamping of the governance structure of the VJCC. In 2005, then-President **Ken Sogabe** asked several of us (my performing the attorney role) to serve on an *ad hoc* committee to analyze and restructure the legal interaction between the Board and the Executive Council (“EC”). Our crucial determination was to vest all policy-making and executive-legal authority in the Board and to make the EC a reporting and executing body, subordinate to the Board. The EC’s authority and actions, then, are subject to the Board’s over-arching power.

To memorialize and legally establish such restructuring, our team worked to revise the key governing document of our Center, namely its *Bylaws*. The Board and EC formally ratified and adopted the “amended” Bylaws in 2006, and they continue in such form to this date. The VJCC’s governing hierarchy then finds: (1) the Board, 1/3 of whom being elected yearly by the VJCC membership to staggered 3-year terms, as the top, policy-making body; (2) [Executive] Officers (President, Executive Vice-President, Board-Secretary, Treasurer and others as needed), being chosen by the Board and elected-ratified to 1-year terms also by the membership; and, (3) the EC, comprising representatives of all affiliated groups, sports teams, classes, programs, etc.

As I leave the Board, I urge everyone to continue to support and remain active in the Center and to consider becoming involved in leadership. All non-profits, like the VJCC, must rely upon their members and volunteers to function, survive and thrive. So, please do volunteer and invite your family, friends and colleagues to join and contribute to our Center. We vitally need younger individuals and families, not only to participate, but also to be receptive to trying leadership positions.

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COMMUNITY NEWS

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The Venice Japanese Community Center, Inc. Community News is published monthly by the Venice Japanese Community Center, Inc. 12448 Braddock Drive • Los Angeles, CA 90066 • Phone (310) 822-8885

Donations: August 2023

The VJCC gratefully acknowledges the following donations of time, material, and money:

Craig Cummings. Monetary Donation
 Family of Ann Kaufman \$100
 Perry & Janet Miyake. \$200

Summer Festival: August 2023

Venice Gakuen Monetary Donation
 Venice Hongwanji Buddhist Temple
 Dharma School. \$100

Legacy Tree: August 2023

The VJCC gratefully acknowledges donations and pledges towards the Legacy Tree:

No Legacy Tree Donations in August.

So, I send my fondest hopes and best wishes to the Board, Officers, EC members and all VJCC members for the Center’s continued success, fulfillment and growth. Good luck in everything you all do for our beloved VJCC! And, as a final sign-off, I’ve written a limerick-poem to capture some special moments in my long affiliation with the VJCC:

Limerick Upon Board Retirement *(Continued on page 3)*

Board Visions (Continued from page 2)

Limerick Upon Board Retirement

There once was Director RICH YANG.

Began at VJCC with a “bang!”

Daughter’s team: “*the High Tops*” –

RICH’s yelling– non-stop!

Just wanted to be part of the gang.

Later on, he co-coached “*the Vipers*” –
Son’s team was little and hyper!

“*Sure-Shots*” leagues were a breeze;

But for RICH, too many “T’s!”

To the refs, he was known as a griper!

Next for us were all their Scouting years.

Tent-camping outdoors brought some fears.

Learned self-reliance,

Charity and alliance:

And, team work got them through a few tears.

Then, the Center’s *Secretary* I became.

Postcards were the name of the game.

If I dared mis-stamp any,

Or postage off a penny:

You can guess who would get all the blame!

Some years hence, the Center’s *Board* beckoned me.

My friends said they want an attorney.

Thanks to KEN, BOB and JOHN,

I agreed to come on.

Sixteen years: it’s been quite the journey.

My tenure: more or less, a good run.

As Director, had my day in the sun.

Time for others to lead,

To dream, to succeed.

There’s still lots of great work to be done.

As I leave, I have few regrets.

I’ve learned much from the folks I have met.

Heed my pleas, all who hear:

“Volunteer! Volunteer!”

The best Center, you all must beget!

My fellow Directors, you’re the best!

BOB, JACK, DAVE; ERIC, KELVIN; KEVIN, WES;

FUSAKO, KEIICHI;

SHARON and KAZIE;

KEN, JOLYN: thank you all! I am blessed!

皆さん、こんにちは。昨年私は、このコラムに初めてメッセージを投稿しました。そして今回が2回目です。そして最後の投稿になると思います。私は、長い間務めてきた、取締役会のメンバーとしてのポジションを退くことにいたしました。私は16年以上もの間、この役職を務めたことは、とても祝福された光栄なことだと感じています。ですが、理事としての在任期間はもう十分であり、VJCCのリーダーとしてこの重要なポジションを経験する素晴らしい機会を他の人に与えるために、退任するときが来たのだと思います。

この数年間を振り返ってみて、私が最も誇りに思っているのは、VJCCの統治機構を全面的に見直すお手伝いをしたことです。2005年、ソガベケン会長(当時)は理事会と評議会(以下「EC」)の間の法的な相互関係を分析し、再構築するための特別委員会の委員を私たち数名(私は弁護士)の役割に依頼しました。私たちが決定的に重要だと考えたのは、すべての制作決定と執行・法的権限を理事会に与え、EC理事会に従属する報告・執行機関とすることでした。ECの権限と行動は、理事会の包括的な権限に従うこととなります。

このような再編成を具体化し、法的に確立するため、私たちのチームは、当センターの重要な統治文書である細則の改訂に取り組みました。理事会とECは、2006年、この「改定」細則を正式に批准、採択し、現在に至っています。VJCCの統治階層は、以下の通りです。(1)理事会 その3分の1は 毎年、VJCCの会員により選出され、任期をずらして3年とします。(2)[役員]

役員(会長、副会長、理事会幹事、会計など必要)、理事会によって選ばれ、選出され、1年の任期に批准されました。メンバーシップ;(3)すべての加盟グループ、スポーツチームの代表者で構成されるEC、クラス、プログラムなど。

私が理事会を去るにあたり、私はすべての人にセンターでサポートし、活動し続けることを推進します。VJCCのような非営利団体は、会員の方々の積極的なボランティア活動に頼らないと繁栄していきません。ですので、今後も、ボランティア活動に参加し、家族や友達、仲間をVJCCとしては、必要です。そして、クラブに参加するだけでなく、役員や執行部として活動して下さる方も必要です。

役員の方々の皆さん、オフィサーや、執行部、それから、VJCCの全ての会員の方々に私の大好きな希望と願いを込めて皆様のご多幸をお祈りいたします。これまでVJCCでの長い間の特別な出来事をいくつか織り交ぜながら、詩(リメリック)を書きましたので、最後に紹介させていただきます。

役員退任におけるリメリック

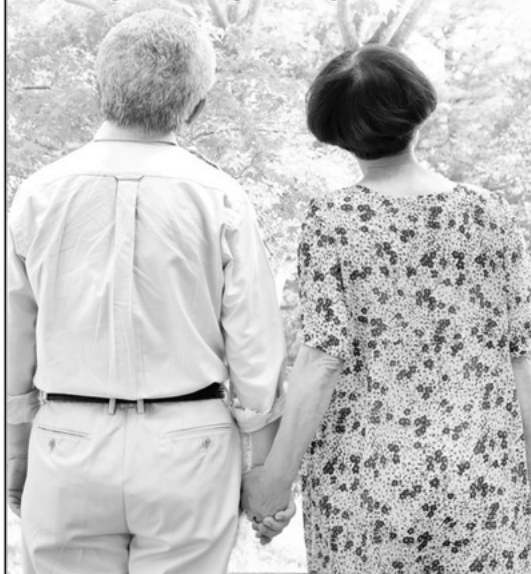
(リメリックは、英語の文章の方でお楽しみください。)

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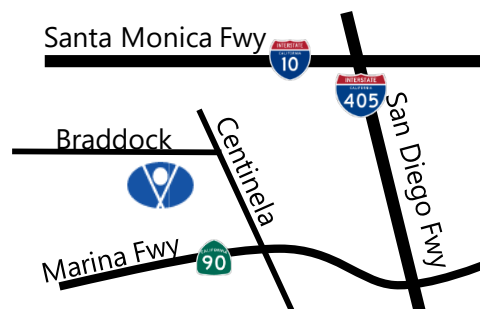
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VJCCTM
 Community News




On Saturday, October 14, 2023, the VJCC will hold its 20th Annual Golf Tournament at Los Serranos Golf Course in Chino Hills. We are excited to experience this new venue which was established in the mid-1920s.

This golf tournament is one of many events held by the Venice Japanese Community Center that allows us to gather with our friends, family, and supporters.

The Venice Japanese Community Center recently had its 100-year anniversary. Along with our mission statement, it is this sense of community which continues to keep our center relevant.

The funds raised by the tournament will be used for future renovation projects.

The success of the tournament is dependent on individual, club, organization, and corporate sponsorships, as well as prize donations.

Sponsors, participants, and donors will all be helping to build the future for the VJCC. We invite you to participate in the VJCC Golf Tournament.

20th Annual VJCC Golf Tournament

Saturday, October 14, 2023
Los Serranos Golf Club
15656 Yorba Avenue
Chino Hills, CA 91709

MISSION STATEMENT

To preserve, share and promote the Japanese and Japanese American culture and heritage, and provide for the needs and interests of the Japanese American community through education and instruction.

Last year, for the first time, we held a Golf Ball Roll. Based on the success and feedback from our participants, we decided to do this again.

The cost is \$10.00 per golf ball. At the course, the golf balls will be rolled toward a designated hole. Any ball(s) falling into the hole will be declared the winner(s).

Every paid entry will receive a number that has a corresponding numbered ball to be rolled at the tournament. The ball closest to the pin will be declared the winner in the event that no ball rolls into the hole.

50% of the net proceeds will be split evenly and awarded to the winner(s). Results of the event will be posted on the internet immediately after the event.

Your name and number(s) will be posted on the VJCC website – www.VJCC.com – prior to the Golf Ball Roll event.

Thank you for your continued support,
The VJCC Golf Tournament Committee

20th Annual VJCC Golf Tournament



DATE: Saturday, October 14, 2023

PLACE: Los Serranos Golf Club
15656 Yorba Avenue
Chino Hills, CA 91709
(909) 597-1769

TIME: 6:15 a.m. Registration
7:45 a.m. Shotgun Start
1:00 p.m. Awards Lunch

COST: \$180.00 includes:
Greens Fee and ½ Cart
Tee Gifts
Prize Fund
Breakfast Burritos and
Awards Lunch Buffet
Includes Side Games

FLIGHTS: Flights TBD & Callaway
4 Person Team Scramble

REGISTRATION DEADLINE:
August 26, 2023

FOR MORE INFORMATION:

E-MAIL: Golf@VJCC.com
or call **Norm Matsubara** at
(310) 218-9976



Sponsorships

PLATINUM SPONSOR: \$2,000

- Free ½ Page Ad in VJCC Newsletter for One Year
- Recognition on Tournament Banner
- 4 Players, including Lunch
- 3 Tee Sponsorships on Golf Course
- Special Recognition during Awards Lunch

GOLD SPONSOR: \$1,500

- 4 Players, including Lunch
- 3 Tee Sponsorships on Golf Course
- Special Recognition during Awards Lunch

SILVER SPONSOR: \$750

- 2 Players, including Lunch
- 2 Tee Sponsorships on Golf Course
- Special Recognition during Awards Lunch

BRONZE SPONSOR: \$400

- 1 Player, including Lunch
- 1 Tee Sponsorship on Golf Course

SUPPORTING SPONSOR: \$100

- Tee Sponsorship on Golf Course

FRIENDS SPONSOR: \$25

GIFT SPONSOR: Gift for Raffle (\$50 value or greater)



Registration

- Platinum Sponsor** \$2,000 = _____
- Gold Sponsor** \$1,500 = _____
- Silver Sponsor** \$750 = _____
- Bronze Sponsor** \$400 = _____
- Golf/Lunch** _____ # players x \$180 = _____
- Lunch Only** _____ # people x \$45 = _____
- Supporting Sponsor** \$100 = _____
- Friends Sponsor** \$25 = _____
- Golf Ball Rolls** _____ # of Balls x \$10 = _____
(see back cover for more information)
- Gift Sponsor** _____
GIFT & VALUE

My Team will play: Medal Scramble

Contact Person _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Email _____

Name of Golfer #1 _____ GHIN# _____ Callaway _____

Name of Golfer #2 _____ GHIN# _____ Callaway _____

Name of Golfer #3 _____ GHIN# _____ Callaway _____

Name of Golfer #4 _____ GHIN# _____ Callaway _____

Golfers without GHIN# will be placed in Callaway Flight.

NUMBER OF
GOLF BALL
ROLLS

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ZUMBA FITNESS CLASS

September 2023

Zumba at the VJCC class is scheduled on Tuesdays at 9:00 AM and Wednesdays at 7:00 PM. All levels are welcome.

Walk-in cost is \$6, or 5 class pass for \$25. Learn to be fit while having fun doing it. Membership at the VJCC is required.

Please be advised that Zumba will be on a break from Sept. 12 to Oct. 8, 2023. Classes will resume on Oct. 10 and 11.

Special October events:

Oct. 17 – My birthday class. Come to my birthday Zumba party!

Oct. 31 – Halloween party of course! Come dressed in costume or fall colors.

If you need to contact Leonore, text (310)210-2154. I will receive texts even while abroad.

Leonore Miller

Save the NEW Date!

CLEAN-UP DAY – 2nd Try!

Sunday, October 29 starting @ 8am

The Community Center belongs to its members and organizations.

Please come out to meet, and work together with members from other clubs to clean and maintain our Center.

All clubs and organizations are responsible for sending representatives to this event.

There will be refreshments and drinks in appreciation for your labor.



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BY VENICE SHODO KAI

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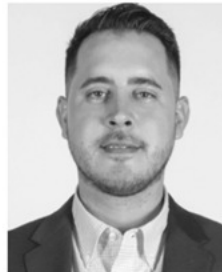
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SENIOR NUTRITION

September 2023

A big thank you goes out to Robert Shiraki who donated a wheelchair, a walker, and a bed rail - all in very good condition. They will all be put to good use by the seniors who are lucky enough to get them so thank you again, Robert!

Please call the VJCC office to inquire whether or not any of these items are still available (they go fast) and we'll get back to you.

Upcoming Events

Mark your calendars for Senior Nutrition's Fall Bake Sale scheduled for October 30 (yes, the day before Halloween...so treats for adults as well as for the ghosts and goblins who come to your door).

"Fun Friday" Activities:

- ◆ Bingo – every Friday at 10:15 a.m. – 11:30 a.m.
- ◆ Cake Day – Celebrate birthdays on the 3rd Friday of every month - except December.
- ◆ Bento Day – last Friday of every month except December.



The Garden Market: – which is usually held the 1st and 3rd Mondays (May – November) has been temporarily suspended due to the long rainy season we experienced this year. However, if you managed to get your garden in and you have some home-grown vegetables, fruits, herbs, etc. to share, bring them in to any Senior Nutrition volunteer who will put them out for anyone who wants them.

Over the last month, we received some luscious cherry tomatoes and large creamy avocados. Thank you donors! Fresh produce is always appreciated by us all!



The Puzzle Center: Come visit our puzzle center and put in a piece or two to complete this beauty of a puzzle (exercise for the brain!). If completed by September 30, each participant will get a little prize.



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Senior Wellness Program

SEPTEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Labor Day SWP closed	5 10-12pm Chinese Mahjong (MPR)	6	7	8	9
10	11 10-11am Tai Chi (MPR)	12 10-12pm Chinese Mahjong (MPR)	13	14	15	16
17 10am - 3pm Keiro no Hi Festival	18 10-11am Tai Chi (MPR)	19 10-12pm Chinese Mahjong (MPR) 10:30 - 11:30am Brain Exercise Activity (CR)	20	21	22	23
24	25 10-11am Tai Chi (MPR)	26 10-12pm Chinese Mahjong (MPR)	27	28	29 Location: L = VJCC Lounge MPR= VJCC Multipurpose Room CR = VJCC Conference Room	

**Brain Exercise Activity (for all levels) with light refreshments
Tuesday, September 19th 10:30-11:30am**



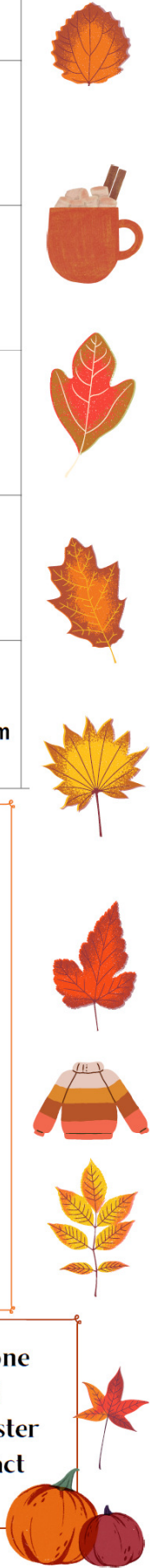
**Upcoming.....
Westside Pacific Village
Presentation
Monday, October 16th 11-12pm**



**Upcoming.....
Halloween Day - Movie
"Bewitched"
Tuesday, October 31st
10-12pm.**



All classes and activities are FREE to all VJCC members 60 years and older. Our number one priority is the safety of our participants. All classes and activities still follow strict CDC protocols. e.g., face covering. Participants must be fully vaccinated and had taken first booster shot. Scheduled events can change without notice. Any questions or to RSVP please contact Gaule Hiramami @ gaule_hiramami@yahoo.com. or call the VJCC office at 310. 822.8555.



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VENICE PIONEER PROJECT

September 2023

Aug. Outing **PEACE ON THE WINGS** – Ohana Arts Musical based on a true story of Sadako, a child victim of the Hiroshima Atomic Bomb. An excellent and heartwarming production of youth cast from Hawaii.

Sept. 6, Wed. **INDIAN CASINO SOBOBA** Reservations – by mail-in flyer. First come first and space is very limited. Departure – Be at the VJCC parking lot by 7:30 am for check-in.

Oct. 22, Sunday, 12 noon **SANTA MARIA BBQ LUNCHEON** – free lunch and BINGO afterwards. Reservation – must send in mail-in flyer to reserve a lunch.

Nov. 7 to 9 **LAS VEGAS TRIP** – Tues. to Thurs. Three days and 2 nights at the CALIFORNIA HOTEL with meal coupons. Reservation – by mail-in flyer. Departure – Be at the VJCC parking lot by 9:30 am for check-in.

Dec. 3, Sunday **HOLIDAY PARTY** - The biggest event of the year.



Desert Snow, Joshua Tree National Park, 2021

Photograph by Glen Hoshizaki

PHOTO CLUB – 09.2023

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VENICE KARATE CLUB

September 2023

We hope everyone is doing well! We are heading into back-to-school season, when summer ends but new relationships begin.

From September 22-24, Sensei Seizo Izumiya, 7th Dan instructor of JKA will be visiting from Japan to host seminars and testing in Temple City and Little Tokyo. All ranks and ages are welcome to join for this seminar, which will be the first JKA event our club will participate in since transitioning from the ISKF. For instructions on registering, please contact the club instructors. We hope to see you there!

This month, junior instructor Taiyo Yamaguchi kindly shared his thoughts on Sundome and Kime in Karate:

Sundome and Kime

By Taiyo Yamaguchi

Many martial arts are very offensive based and focus on improving techniques to damage or hurt to defeat opponents. However, Shotokan Karate is focusing on self-defense and controlling techniques to defeat your opponents without hurting them. Ideally, we practice to defeat opponents any time, but we can control our techniques and don't need to resort to extreme techniques to hurt an opponent. Yes, Shotokan karate is a martial art and self-defense training, but it also focuses on Budo spirit, which is more about improving techniques and spirit via dojo kun. To avoid injuries during training, Shotokan Karate practice aims to execute all techniques at "Sundome" with "kime".

What is "Sundome"? Sundome is a technique in which you stop your attacks right before contacting your opponent's body, ideally controlling the techniques to "almost or slightly" touching your opponent's body without harm. If you cannot control your techniques, then you need more training to learn control. People with fears in their mind usually execute their techniques too far from the opponent's body, which is also not effective. On the other hand, people who get too excited usually are too close of a distance and cannot control their technique and may hit / hurt their opponent and/or themselves. All techniques need to be controlled and finish at the point with little contact.

Our budo, Karate, requires Kime in your techniques. What is Kime? Kime is a technique that requires executing maximum power at the end of attack or focus in a moment. Relaxing the body until your techniques reach your target distance and almost or slightly touching the body, then focus for a moment and relax again. In many forms of karate, I do not see kime in their techniques. I see they get points for touching or tagging their opponents with Kiai, shut, and their Zaishin, mainly pulling hands. That is not what we are practicing. It is a very small detail, but the Kime shows your karate skills. You must master the skill before you become a black belt student.

How do you practice Sundome and Kime? It is easier than you may think. You need encouragement to not hit your opponents, but demonstrating maximum power at the point of attack. Try your best to get the proper attacking distance and techniques as you aspire to shodan (1st degree black belt). Fortunately, there are many black belts instructors and experienced students who you can practice with. Do not worry about making mistakes, and work on improvement over the course of your training.

The Venice Karate Club meets every Monday and Thursday from 6:00-9:15pm.

Whether you are continuing your training or are interested in starting something new, our Club will always welcome you.

If interested, please contact the Venice Japanese Community Center office for details.

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for details and additional information.

CLEAN-UP DAY

SUNDAY, October 29
starting @ 8am

The Community Center belongs to its
members and organizations.

Please come out to meet, and work
together with members from other clubs
to clean and maintain our Center.

All clubs and organizations are
responsible for sending representatives
to this event.

There will be refreshments and drinks in
appreciation for your labor.

VJCC 101 Years and Counting!

VENICE JAPANESE COMMUNITY CENTER



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Proceeds will go towards the remodel
of the VJCC restrooms.

90th Anniversary Celebration

Venice Japanese Community Center

History Book



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VENICE JAPANESE COMMUNITY CENTER

2023 ONGOING PROGRAMS & CLASSES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
▼ 12:30 Taiko 3:30 Virtual Sunday Yoga 5:30 Volleyball Adult 8:00 Basketball Adult	9:00 Pickleball 10:00 Tai Chi (60+) (Senior Wellness Program) 10:30 Sr. Nutrition ▼ 1:00 Craft Workshop 4:00 Basketball VYC 6:00 Karate (Beginner) 6:30 Aikido 7:00 Del Rey H/O (1 st Mon) 7:00 Karate	09:00 Adult Zumba 10:30 Sr. Nutrition ▼ 1:00 Virtual Chair Yoga (Sr. Wellness) 4:00 Basketball VYC 7:00 Taiko 7:00 Boy Scouts 7:00 Judo	9:00 Pickleball 10:00 Seigin-Kai 10:30 Sr. Nutrition ▼ 4:00 Basketball VYC 7:30 JACL (1 st Wed) 7:00 Kendo	10:30 Sr. Nutrition ▼ 12:30 Ballroom Dance * 12:45 Ukulele* (Inter.I &II) 4:00 Basketball VYC 6:00 Karate (Beginner) 6:00 Aikido 7:00 Ikebana 7:00 Japanese as Sec. Lang. (Beginner) 7:00 Karate	9:30 Sumi-e 10:30 Sr. Nutrition ▼ 4:00 Basketball VYC 5:30 Hula 7:00 Japanese as Second Language (Intermediate) 7:00 Judo 7:30 Kendo	7:15 Aikido 9:00 Japanese Language (Children's) 9:30 Japanese Dance* 9:30 Basketball VYC ▼ 1:00 Koto* 2:00 Bunka Shodo 2:00 Iaido
Same as Week 1	Same as Week 1 10:00 Watercolor ▼	Same as Week 1	Same as Week 1 ▼ 7:30 VYC Mtg (2 nd Wed)	Same as Week 1	Same as Week 1 ▼ 7:00 Bonsai (2 nd Fri)	Same as Week 1 3:00 Iaido ▼
Same as Week 1	Same as Week 1	Same as Week 1 ▼ 7:00 Boy Scout Parents 7:00 Photo Club (3 rd Tues)	Same as Week 1 ▼ 7:00 CBO (3 rd Wed) 7:30 VJCC Exec Council	Same as Week 1 ▼ 7:00 Japanese as Sec. Lang. (Beginner)	Same as Week 1 ▼ 7:00 Japanese as Second Language (Intermediate)	Same as Week 1
Same as Week 1	Same as Week 1 10:00 Watercolor	Same as Week 1 ▼ 7:00 Bonsai (4 th Tues)	Same as Week 1 ▼ 7:00 RAP (4 th Wed)	Same as Week 1	Same as Week 1	Same as Week 1 3:00 Iaido ▼

Revised 6/1/2023

* class has not yet resumed

2023 REPRESENTATIVES

Arts & Crafts

Craft Workshop..... Ruby Kita
 Photo Club..... June Inai
 Watercolor..... Ko Yoshida

Boy Scouts

Scoutmaster..... Bill Conroy
 Parents' Club..... Ted Nishimura

Exercise

Yoga.....Leslie Masuda
 Zumba.....Leonore Miller

Dance

Ballroom Dance..... Gayle Hiram
 Hula..... Wen-Chia Parker
 Japanese Odori..... Dianne Fukuwa

JACL (Venice/WLA)..... John Saito

Japanese Culture

Bonsai..... Shig Miya, Shinya Miyakoshi
 Ikebana.....Satsuki Palter
 Calligraphy (Japanese Brush Writing)
 Shodo.....Fusako Ogasawara
 Sumi-e.....Jane Shibata

Japanese Language

Gakuen (Youth)..... Jolyn Brookes
 Adults (as a 2nd language).....Fusako Ogasawara

Martial Arts

Aikido..... Tom Scheir
 Iaido..... Harry Mott
 Judo..... Trace Nishiyama
 Karate..... Ron Sugano
 Kendo..... Kenji Arai

Music

Koto..... Eiko Idota
 Shigin (Seigin-Kai).....Kosei Yamamura
 Taiko (Koshin)..... Lori Miyakawa
 Ukulele..... Kay Kawano

Podiatrist (Dr. Kenneth Teshima).....

RAP..... Carolyn Komoto

Seniors

Nutrition..... Tina Grammatico
 Pioneer Project.....Eric Inouye
 Senior Wellness Program.....Gayle Hiram

Sports

Basketball (Adult).....Chuan Michael Chang, George Johnston
 Basketball (VYC).....Kathy Yamashita/Kazie Kame
 Pickleball (Adult)..... Mil Kurashige/Ken Rosengrant
 Volleyball (Adult)..... Stephen Fujimoto

Revised 6/1/2023

FOR CLASS INFO, CALL VJCC OFFICE (310) 822-8885 OR EMAIL OFFICE@VJCC.COM
 MESSAGES WILL BE RELAYED TO APPROPRIATE PARTIES



SAVE THESE DATES

Arts & Crafts Fair

Saturday, September 23

VJCC Golf Tournament

Los Serranos Golf Club

Saturday, October 14

VJCC Clean-up (2nd try!)

Sunday, October 29, 8:00 a.m.

**Please continue to check VJCC.com for
the latest updates for the Center.**

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The 20th VJCC Golf Tournament

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Club News:

Karate Club

Photo Club

Pioneer Project

Senior Nutrition

Senior Wellness

Zumba

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