



VJCC New Year Resolution – Let’s Go Even Greener!

by Gail Sharp



Happy New Year, VJCC Community News readers! It’s been a while since the VJCC membership was updated on the greenness of the newsletter AND given a little push to join the environmentally friendly trend. The newsletter went “high-tech” in 2009. In its inaugural year, over 100 members opted-in to receive the electronic newsletter by email as an attached PDF. And, by the end of 2019, thanks in large part to representatives from clubs and classes encouraging their members to brave the change, more than 700 households (of the 1600-1700 members) participated in the original “Go Green” drive.

With a redesigned VJCC.com website, the

newsletter went online in January 2020. Our timing could not have been more fortunate. When the world was shutting down for a pandemic, VJCC.com was ready to communicate updates on closures and cancellations, in addition to providing uplifting information about the **Senior Nutrition** program that was creating ingenious ways to keep services going. Volunteers who printed, stapled and transported the newsletter to the post office followed government requests to shelter in place so online was the only way to receive the newsletter for the early months of the pandemic.

Post-pandemic--whether it was forced change or the ease of accessing the newsletter online at VJCC.com—the VJCC prints and mails about 500 newsletters, while membership increased to just under 1800! The newsletter production staff hopes we can do even better for a new reason.

At the end of 2023, we were informed by the U.S. Postal Service that we cannot continue to mail newsletters as we have: full pages with two staples. Instead, staples must be eliminated *(Continued on page 3)*



2024 Membership Dues

2024 Annual Membership are now due.

Membership application/renewals & dues must be received by January 31, 2024 by either of the following methods:

1. Online - You may go to: www.vjcc.com/membership
Instructions are provided on the website page.
2. Membership application* and check (payable to VJCC) - Form is available in this newsletter or may be printed from the website: www.vjcc.com/membership. Form and check may be mailed or dropped in the VJCC mailbox (outside the main gate) or the office mailbox (outside Room 4).

Membership year is January to December.

***Club or Organization Members:**

Please input your club or class name(s) on your application where requested in order to properly notify your club/class of payment.

Annual Dues:

Single Member: \$30 or Family: \$50 (Husband & wife and/or children under 18 and full-time students to age 23)

Senior Exemption:

Age 80 or older and paid VJCC member for past 5 consecutive years.



Board Visions

Shinnen Akemashite Omedetou Gozaimasu.
 (“A new year has opened, congratulations.”)
 Or as we might more likely say (especially those
 of us who don’t speak fluent Japanese), Happy
 New Year!



I hope I’ll have the opportunity of extending
 greetings to you at our VJCC’s upcoming
 Shinnen Kai & Keiro Kai on Sunday, January 21. Shinnen Kai (“new
 year’s gathering”) is a Japanese tradition that welcomes the arrival of
 a new year. Individuals (be they co-workers or friends) get together
 socially to celebrate, usually over a meal and/or drinks, and likely
 make promises to each other to do their best in the new year. Keiro
 Kai (“gathering in respect for the aged”) honors, celebrates and shows
 gratitude to seniors.

The VJCC’s Shinnen Kai & Keiro Kai is a long-held tradition.
 Representatives of many government and local organizations are
 invited to show our appreciation for their support throughout the
 year. The event also
 provides attendees
 with the opportunity
 to have a delicious
 obento lunch, be
 entertained by
 talented VJCC
 members, and to
 meet and greet
 friends, family and
 others involved in the
 Center’s activities.

This year, the Year of
 the Dragon, we are
 honoring 23 Keiro
 individuals (having
 reached the milestone 80 years of age) and 5 Centenarians
 (having reached the crowning milestone 100 years of
 age). All members are invited to come to recognize and
 congratulate these honorees.

The Year of the Dragon brings health, prosperity and
 good fortune. Wishing you all a Happy Dragon Year!

Kazie Kame



VJCC™
 Vision Statement

*“A center to preserve the heritage and perpetuate
 the Japanese-American cultural experience.”*

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Venice Japanese Community Center, Inc. COMMUNITY NEWS

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 12448 Braddock Drive • Los Angeles, CA 90066 • Phone (310) 822-8885

Donations: November-December 2023

The VJCC gratefully acknowledges the following
 donations of time, material, and money:

Craig Cummings. Monetary Donation
 Craig Cummings. Monetary Donation
In Memory of Midori Endo
 Gayle Endo & Leslie Lew \$500
 Art & Marlene Haraga Monetary Donation
 Pauline Itow. \$300
In Memory of Yuki Nakashima
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 Venice Hongwanji BT Monetary Donation
 Venice Ukulele Class \$1,500

Annual Fund: November-December 2023

Ronald Amate \$1,000
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(Continued on page 3)

Board Visions (Japanese) (Continued from page 2)

新年あけましておめでとうございます。今度の1月21日(日)に開催されるVJCCの「新年会と敬老会」で皆さんにご挨拶できる機会があれば幸いです。新年会は、新しい年の到来を祝う日本の伝統行事です。同僚であれ友人であれ、個人個人が集まって社会的に食事やお酒を楽しみながら、新年を祝います。敬老会(「敬老の集い」)は、高齢者を敬い、高齢の人たちに感謝を表します。また美味しいお弁当を食べたり、才能豊かなVJCCメンバーによるエンターテイメントを楽しんだり友人や家族、センターの活動に関わる人たちとの交流の場にもなっています。辰年である今年は、23名の敬老者(80歳の節目を迎えられた方)と5名のセンテナリアン(100歳の節目を迎えられた方)を表彰します。会員の皆様には、ぜひご来場いただき、これらの方々を祝福してください。

辰年は健康、繁栄、幸運をもたらします。皆様の辰年のご多幸をお祈りいたします。

カメカジー

VJCC New Year Resolution (Continued from front page)

with pages folded in half and sealed with stickers. To accomplish this, the VJCC newsletter needs to go on a diet with pages held to a stricter count to accommodate the mailed newsletter.

If you receive the VJCC newsletter by mail but have access to the internet, please consider enjoying the newsletter in color and with enlargeable print online. When you fill out your 2024 VJCC Membership Application, **do not** tick the box requesting a hard copy of the newsletter. If you have already submitted your 2024 application, email office@vjcc.com or newsletter@vjcc.com with a request to discontinue the hard copy newsletter. And if you are a Lifetime or Senior member who has not filled out a Membership application in a few



years, it is a good idea to go online to submit one at <https://www.vjcc.com/membership>. It is important to keep your personal and emergency contact information up to date.

Thank you for your continued support and interest in the VJCC Community News! 🍷

- Donations Continued -

David Ginoza	\$500	Yoneko Sugiyama	\$100
Jimmy & Nancy Ho	\$200	Wallace & Gaye Sunada	Monetary Donation
Toshiko Ikeda	\$100	Linda Takahashi	\$200
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Catherine Silman	\$100		
Mark & Julie Sim	Monetary Donation		

Building Fund: November-December 2023

Mark & Julie Akita (100 Year Fund) \$1,000 |

Shinnen Kai: November-December 2023

Anonymous \$100 |

Robert & Lucy Ito \$100 |

Pauline Itow \$100 |

Yoneko Itow \$1,000 |

Tetsuro Kawashiri \$100 |

Yoshiko Uyeno \$100 |

Legacy Tree: November-December 2023

The VJCC gratefully acknowledges donations and pledges towards the Legacy Tree:

Fukui Mortuary \$1,000 |

Mitsuko Fuchigami \$1,000 |

Diane Imori \$1,000 |

Marian Kubota \$2,500 |

Stanley & Lisa Yumori Oldoerp \$1,000 |

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Koashi & Nan Yoshida \$7,150 |



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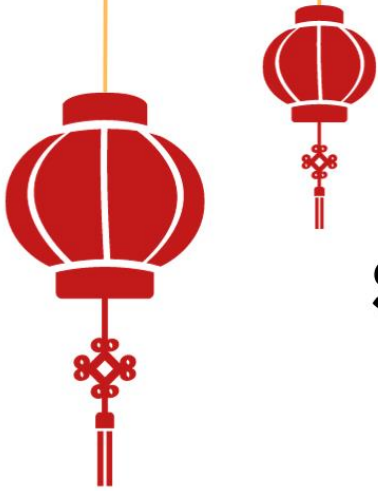


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Venice Japanese
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2024

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11:30 A.M.



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SENIOR NUTRITION

January 2024



The VJCC Senior Nutrition Program provides not only nutritious meals, but also continues to provide and develop activities that enhance the lives of our seniors – healthy bodies, minds, and the overall wellbeing of an important segment of our community. Tina

Grammatico is the VJCC Meal Service Coordinator. She is an employee of the WLCAC and along with VJCC volunteers serve nutritious meals Mondays through Fridays (Japanese meals on Tuesdays and Thursdays).

Two successful bake sales held in the Spring and Fall along with generous donations received during the year set our budget and allowed us to continue the following programs:

- ◆ Celebrating Monthly Birthdays (3rd Friday)
- ◆ The Puzzle Center (1000+ piece puzzles)
- ◆ The Garden Market
- ◆ Monthly Bento Program (last Friday)
- ◆ Ever-popular weekly Bingo
- ◆ Annual Holiday Party.

ALL OF THIS COULD NOT HAVE BEEN ACCOMPLISHED WITHOUT THE FABULOUS VOLUNTEERS of the Senior Nutrition Program. They are the heart and soul of what makes the program so successful at the center. They not only help Tina G. (we also consider Tina to be part of our volunteer group) with the daily meal service duties, but go above and beyond to make the program more than simply a dining or “grab and go” experience for our seniors.

We simply couldn't be one of the top performing sites of the Senior Nutrition Program without our volunteers. Thank you for choosing us: Kats Nishimoto, Sharon Okimoto, Melissa Lee, Robyn Shimizu-Cohen, Cris Pineda, Carolyn Komoto, Lois Tateishi, Jean Inada, Tini Ibrahim, Dinky Shintaku, Beverly Yahata, Carol Yokoyama, Yoshiko Nickerson, Linda Takahashi, Karen Tipton, Sheri Nagata, Victoria Yamashita, Dillon Udagawa.



WE ARE LOOKING FOR: Senior Nutrition Manager/Liaison to the Board of Directors (Volunteer)

This position serves as a liaison between the Senior Nutrition Program (WLCAC meal service program which provides meals to seniors at the VJCC site) and the VJCC Board of Directors. Works with the Meal Service Coordinator (and the WLCAC) to ensure the needs/requirements of the VJCC, the volunteers, and the meal service program are being met.

Responsible for/monitors those programs sponsored by the VJCC (Bingo Fridays, monthly birthday celebrations, monthly Bento Program, Home Garden Market, The Puzzle Center, Annual Holiday Party, and the Volunteer Appreciation luncheon). (Note: Volunteers administer/run most of these programs).

If you possess good communication/administrative skills and like volunteering with people of all ages in a fun, caring, and satisfying environment, this position is for you!

Please contact the VJCC office (310 822-8885 or office@vjcc.com) for a detailed list of responsibilities.



Senior Wellness Program

JANUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01	02	03 SWP Closed	04	05	06
07	08	09	10 SWP Closed	11	12	13
14	15 10-11am Tai Chi (MPR)	16 10-12pm Chinese Mahjong (MPR)	17	18 10-12pm Matter of Balance (CR)	19	20
21	22 10-11am Tai Chi (MPR)	23 10-12pm Chinese Mahjong (MPR)	24	25 10-12pm Matter of Balance (CR)	26	27
28	29 10-11am Tai Chi (MPR) 11:15 - 12pm WPV (CR)	30 10-12pm Chinese Mahjong (MPR) 10:30am Movie: Seabiscuit (CR)	31	1 10-12pm Matter of Balance (CR)	Location: MPR= VJCC Multipurpose Room CR = VJCC Conference Room L= VJCC Lounge	

Get past your fear of falling and enjoy life again!

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- Exercise for better strength, balance, and flexibility
- Make new friends in familiar community places
- Get moving, stop worrying, enjoy living!

Space is limited. Sign up NOW for eight free 2 hour sessions.

Location
VJCC

Thursday Dates
January 18, 2024 to March 7, 2024

Time
10:00am to 12:00pm

Contact
RSVP
VJCC Office:
310.822.8555

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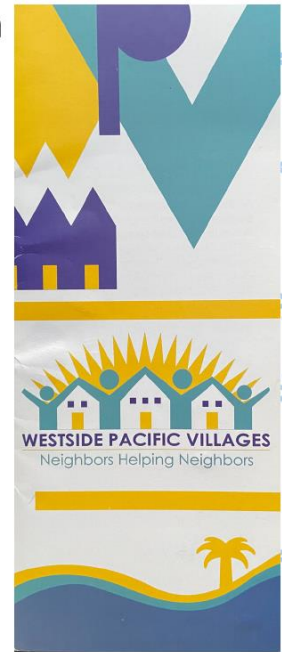
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A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model © 2006. This program is based on Fear of Falling: A Matter of Balance. Copyright © 2005 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University. This project was supported, in part by grant number 90F00218, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201

Monday, January 29th

11:15am – 12pm.
(Please RSVP)

Westside Pacific Village (WPV) is a membership-based organization that is run by volunteers located in Westchester. WPV's presentation will cover transportation, help around the house, companionship, social activities, and wellness programs.



Movie "Seabiscuit"

Tuesday, January 30th 10:30am (Please RSVP)

This movie is about a horse named "Seabiscuit" who is temperamental and an undersized racehorse. At first the horse struggles to win, but eventually Seabiscuit becomes one of the most successful thoroughbreds of all time.
(2 h 20 m)

All classes and activities are FREE to all VJCC members 60 years and older. Our number one priority is the safety of our participants. All classes and activities still follow strict CDC protocols. e.g., face covering. Participants must be fully vaccinated and had taken first booster shot. Scheduled events can change without notice. Any questions or to RSVP please contact Gayle Hiramí @ gayle_hiramí@yahoo.com. or call the VJCC office at 310. 822.8555.

ANNOUNCING



The Twenty-Third Annual VJCC Scholarship Award (2024)


Eligibility: Applicants must be high school seniors graduating by June 2024 and must be planning to attend an accredited college or university in the academic year 2024-25. Applicants must also be a member of the VJCC or a dependent of a member of the VJCC.

Criteria: Criteria for awards include academic excellence, community service, and extracurricular activities.

Application: Applications will be available on or before December 18, 2023 at the VJCC office, from your VJCC affiliated club, and the VJCC website (vjcc.com).

Application Deadline: Applications and supporting documents must be emailed to scholarship@vjcc.com no later than March 15, 2024. Please read the application for submittal instructions.

Award Date: Applications will be evaluated by the VJCC Scholarship committee and recipients notified no later than May 19, 2024.




Caregiver Conference

Enriching Your Caregiver Toolbox

Saturday, April 13, 2024
9:00 a.m. - 1:00 p.m.

San Fernando Valley Japanese American Community Center

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Caregiver Conference

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VENICE KARATE CLUB

January 2024

Happy New Year, or 明けましておめでとうございます(Akemashite Omedetō-gozaïmasu)! We hope everyone had a pleasant and safe holiday season with friends, family, and loved ones. 2024 is the Year of the Dragon, known for good fortune and greatness, so we hope your year is full of good fortune and your achievements soar as high as a dragon!

Venice Karate Club Holiday Party

On December 2nd, we hosted the annual Karate Club holiday party. Achievement awards and Kyu/Dan promotion certificates were given, as well as a new JKA Black Belt to our club's newest Sho Dan, Luke Shimahara. Our club is very proud of all the achievements and promotions the students made in the last year, and hope the recognition motivates them and others for the 2024 year. Party Emcee Mr. Jeffrey Shimoyama and Sensei Kelvin Uyeda shared stories of each student and some guests, bringing smiles to wrap up the year of training. With the food and raffle, all that attended had a great time.

Every person that came had a different aspect they look forward to. Some look forward to the pizza, chicken katsu, and Hawaiian food. Others look forward to winning the raffle prizes, and the excitement and anticipation of the grand prize ticket being drawn. For myself, I always look forward to the old and new faces that come to the party. It takes a few seconds to recognize everyone as we usually only see them in their gi, but seeing the Venice Karate Club family come together, even if just once a year, makes all of us happy to be a part of this Dojo and community.

Hopefully we can have the club's holiday party for many more years to come!

明けましておめでとうございます。今年は辰年です。辰年は最も幸運で最も繁栄し、前例のない機会に満ちていると言われております。また、創造性と情熱を解き放ち、勇気と自信を持って夢を追い求める年でもあります。辰が空高く上がっていくように夢に向かって進んでいきましょう。

12月2日は、空手クラブのクリスマスパーティーが開催されました。昇級昇段した生徒に先生から賞状が授与されました。初段になったシマハラルークさんを始め、皆さんよく頑張りました。パーティーではピザやチキンカツ、ハワイ料理など、ご馳走を食べたり、抽選で色んな景品が当たるのを楽しんだり、年に一度、古くからの空手クラブの会員や新しく入会した人達が勢ぞろいする楽しいイベントで、毎年この日が来るのをとても楽しみにしています。

空手クラブでは、毎週月曜日と木曜日午後4時から5時と、6時から9時15分に空手の練習をしています。今年こそは身体を鍛えないといけないなとお考えの方は、是非一度見学にいらしてください。詳細はVJGCのオフィスにお問い合わせをお願いします。



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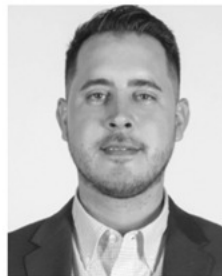
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VENICE SHODO KAI

January 2024

秋の気配が濃くなってきた11月5日、文化書道ベニス書道会ではベニス日系人会のMPRで「秋の書道展」を開催しました。ベニス書道会は1974年に大内田龍石先生により設立され、伊藤牧石先生、小笠原華石先生に引き継いで指導を受けてきました。

今回の書道展では、文化書道米国連合会及び華々書道会の協賛を得ることができ、100点以上に及ぶ毛筆作品とペン習字作品が集まり、本部の先生方の作品を中心に、初心者から有段者、学童からシニアまですべての会員の作品を展示しました。吟道加州朗詠会の協賛もいただき、「富士山」を吟じると同時にその漢詩を草書体で書くという書道吟を披露することもできました。

会場にはたくさんの来訪者があり、予め準備をした歓談エリアでは茶菓でおもてなしをし、来場されたお客様にはゆっくりと感想などお聞きすることができ、書道会の内外の交流の場ともなりました。ベニス書道会は来年で50周年となります。今回の経験と皆様のご意見を参考に是非来年の「50周年記念書道展」を成功させたいと思います。

書道展の開催にあたりご協力をいただいた、文化書道米国連合会、華々書道会、吟道加州朗詠会の及びベニス日系人会の皆様に心よりお礼を申し上げます。

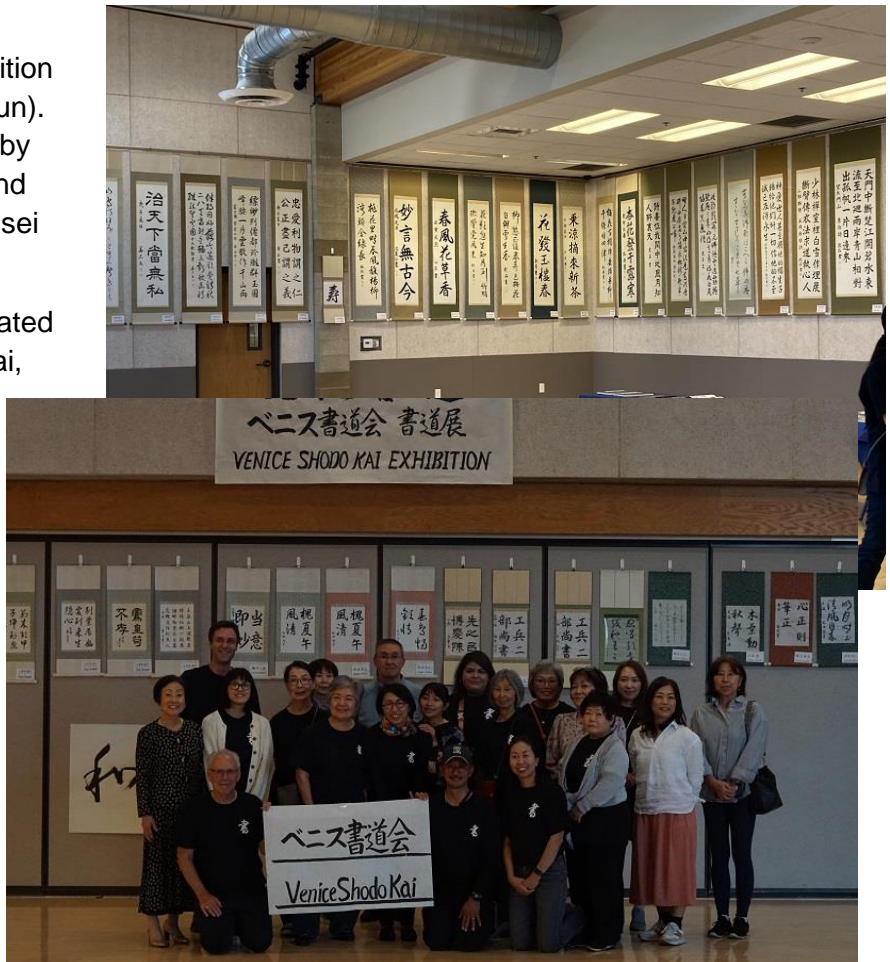
草野宏子記

Venice Shodo Kai held a Fall Exhibition at VJCC MPR on November 5th (Sun). Venice Shodo Kai was established by Ryuseki Ouchida sensei in 1974, and was taken over by Bokuseki Ito sensei and Kaseki Ogasawara sensei.

The Shodo exhibition was collaborated by Bunka Shodo Beikoku Rengo Kai, Hanahana Shodo Kai and Gindo Kashu Rouei Kai. More than 100 pieces of calligraphies written by our Shodo members were displayed. During the exhibition, Shodo-Gin “Fujisan” was performed by Kokuju Iwakura, Kousei Yamamura and Wasei Baumgardner along with Kaseki Ogasawara’s Sho. Shodo-Gin is a performance where Shigin is sung and Sho is brushed simultaneously.

We welcomed many visitors. They enjoyed not only calligraphies but also pleasant conversations with members at the cafe area. Their opinions are very worthwhile for our “the 50th anniversary Shodo exhibition” next year. We appreciate all clubs, all visitors, VJCC and Shodo members who collaborated.

Written by Hiroko Kusano



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Venice Japanese
Community Center



2024
SHINNEN KAI &
KEIRO KAI

JANUARY 21, 2024
11:30 A.M.



**THE YEAR OF THE
DRAGON**



Photo by Karen Tokubo

Piccadilly Circus at Night, London, England

PHOTO CLUB – 01.2024

ZUMBA CLASSES

January 2023

The Zumba Classes have been meeting on Tuesdays at 9 AM at the Gym, and on Wednesdays at 7 PM at the MPR. We would like to build up our student number, so I would like to encourage you to come and try it out. Invite your friends. Zumba is a great dance fitness exercise class working your body and mind. We dance and move to uplifting music and is a great way to boost your energy and your mood.

In October, November, and December we had classes and music that fit the season. The students and I especially enjoyed December's playlist because we love Christmas themed songs. We had two weeks off for the Holiday break.

Leonore Miller is a certified Zumba and Zumba Gold instructor with 5 years teaching experience. I look forward to having you in my class and introducing you to the joys of Zumba fitness.

LIVE CLASSES AT THE VJCC

- TUES. LIVE - Zumba® @9:00 AM - - at the Gym
- WEDS. LIVE - Zumba® @7:00 PM - - at the MPR

Membership at the VJCC is required (\$30 annually until end of the year)

Fee applies - \$6 Walk-in, \$25/5 classes, or \$45/10 classes.

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Leonore

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Venice Pioneer Project 2023

Season's Greetings and Happy New Year!

The Venice Pioneer Project wishes everyone a safe and joyous Holiday Season.

We would like to thank everyone who participated in this year's Holiday Luncheon. Have a happy and healthy 2024!

2023 Holiday Party Volunteers

Thank you all for your help in making this year's luncheon a success!

John Amis	Pauline Itow	Dave Nagano	Evelyn Pineda
Morgan Amis	Steve Izuhara	Tom Nakagiri	Gail Sharp
Dianne Kujubu Belli	Nancy Kawahara	John Nawa	Norman Tachiki
Tomoko Fukuda	Victor Kobayashi	Judy Nawa	Yoshie Tachiki
Jenny Gamachi	Ayako Masada	Alice Ogawa	Gordon Tani
Lisa Heidtman	Alan Matsuzaki	Kenji Ogawa	Joan Tani
Debi Horibe-Robbins	Jane Matsuzaki	Kenji Onishi	Clifford Tanigawa
James Ido	Donna Mayeda	Jun Oyama	Linda Tanigawa
Elizabeth Inouye	David Morioka	Cris Pineda	Lori Uyeda Hayashi
Eric Inouye			Harriet Woo

2023 In-Kind and Monetary Donations

The Venice Pioneer Project truly appreciates your generosity. Thank you for your contributions!

Anonymous	Shinobu Koda	Mitsuko Ota
Anonymous	Rachel Koza	Richard Saiki
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Darleen A. Fujita	Eunice Maekawa	Gail & Merle Sharp
Barbara Fukuji	Ayako Masada	Toshiko Shimizu
Jeannette Gamachi	Jane Matsuoka	Kinu Shishido
Mary Garcia	Jane & Alan Matsuzaki	Tanya Sisikin
Emiko Holmes	Kanji Miyao	June Sumida
Ruth Horibe	Ichiro & Grace Miyoshi	Jeanne Tamaki
Toshiko Ikeda	Otome Nagano	Itsuye Teshiba
Jean Inada	Fujio & Katsuko Nakagawa	Karen Tokubo
Robert & Lucy Ito	Jean Nakamoto	Venice Hongwanji Buddhist Temple
Pauline Itow	John & Judy Nawa	Harriet Woo & Lisa Heidtman
Yoneko Joyce Itow	Doris Noda	Grace Yanai
Betty Jew	Tatsumi Omote	Ann Young
Kazie Kame	Joy Ono	
Tomiko Kasai	Thomas & Frances Oshima	

Bold indicates donations of \$100 or more.



2024

Miss Western Los Angeles Queen Contest

Qualifications

- *Must be between 20 & 26 years of age on August 10, 2024, by Nisei Week Coronation Ball*
- *Must be single (not divorced or separated)*
- *Candidate must be 50 percent Japanese ancestry*
- *Application deadline – March 15, 2024*



Aiko Marie Matsumura Dzikowski

2023 Miss Western Los Angeles

Applications and/or information:

Delcene Kuwata	kuwatadelcene@gmail.com
Irene Osako	ireneyosako@yahoo.com
Kazie Kame	kamemom@aol.com

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Check One:

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ADULT MEMBER PARENT OF MINOR PARTICIPANT

LAST NAME _____ FIRST NAME _____ SPOUSE _____

Occupation _____ Occupation (Spouse) _____

Minor Participant _____ Birth Date _____ Club _____

Minor Participant _____ Birth Date _____ Club _____

Minor Participant _____ Birth Date _____ Club _____

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Monthly newsletter & VJCC-related messages will be sent via email. (Note: You can decline now or you can always decline later at any time): Decline If you also want a hardcopy of the newsletter, check one: U.S. Mail Classroom pickup

If a class roster is published for class use only, may we include your name, address and phone number? YES NO

VJCC Classes/Organizations you belong to _____

IS PARTICIPANT COVERED BY MEDICAL INSURANCE? YES NO

EMERGENCY CONTACT: Name _____ Phone _____ Relationship _____

LIABILITY RELEASE AND WAIVER

For and in consideration of my being permitted to use the facilities and equipment of the VENICE JAPANESE COMMUNITY CENTER, INC., and any class I attend, at 12448 Braddock Drive, Los Angeles, CA 90066, and further to be allowed to enter, remain, and be on the premises owned, operated, supervised, or managed by the above-stated organizations, or any other place in the course of the activities of the above-stated organizations.

I, THE UNDERSIGNED, DO HEREBY EXPRESSLY WAIVE AND RELEASE all and any rights, claims, demands, actions, or judgments which I, the undersigned, ever had, now has, may have, or claimed to have, against the above-stated organizations, their officers, members, agents or employees of any and all personal injuries and damages and any and all injuries to property, real or personal, which might be caused by the, arise out of, or result in connection with my presence on the premises of the above-stated organizations or otherwise by my participation in any activity organized, supervised, or conducted by the above-stated organizations or wherever located.

- I HAVE READ THE CONTENTS OF THIS RELEASE AND WAIVER AND UNDERSTAND ALL ITS TERMS.
- I EXECUTE THIS RELEASE AND WAIVER VOLUNTARILY WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE.
- I AGREE TO HAVE MEDICAL INSURANCE COVERAGE FOR EACH PARTICIPANT.
- I HEREBY CONSENT TO THE USE OF MY NAME, PHOTOGRAPH AND/OR IMAGE BY VJCC FOR ITS PROMOTIONAL PURPOSES.
- I AGREE TO ABIDE BY THE VJCC RULES AND REGULATIONS AS PRINTED ON THE REVERSE SIDE OF THIS PAGE.

DATE: _____ ADULT'S SIGNATURE _____

RELATIONSHIP TO MINOR PARTICIPANT _____

CHECK APPROPRIATE MEMBERSHIP CATEGORY & MAKE CHECK PAYABLE TO "VJCC" CHECK # _____

Adult Individual Membership (18 or older) \$30 Dues collected by _____

Family Membership (including minors under 18 & full-time students under 24) \$50 (class or organization)

Senior (age 80 & paid member for past 5 consecutive years) Birth date (required) _____ (dues waived)

VJCC RECORD: Treasurer _____

White Copy - VJCC

Yellow Copy - Class/Organization

Pink Copy - Member

DB POSTED _____

DUES POSTED _____

Rev. 09/06/2018

VENICE JAPANESE COMMUNITY CENTER, INC.

RULES AND REGULATIONS FOR PARTICIPANTS OF CLASSES AND ORGANIZATIONS

1. Each participant, parent of a minor participant (child under the age of 18 years living at the same address, or a full-time student under the age of 24 years) and instructor must be a member of VJCC.
2. Each adult and minor participant must be covered by medical insurance.
3. Anyone suffering an injury must immediately report this to the instructor or responsible adult.
4. Each organization must have a responsible adult (instructor or organization officer) present during all practices, meetings or classes. If a responsible adult is not present, the class shall be cancelled.
5. The responsible adult shall have the authority to cancel all activities when the gym, classrooms or other facilities are found to be unsafe.
6. The responsible adult shall see that each participant is in only authorized areas of the building. Unauthorized areas are those areas that are not pertinent to the activities, such as the stage and the stairways of the gym, etc.
7. Each participant shall be responsible for leaving the room clean and in order.
8. As class or organization members, each participant is expected to help in VJCC-sponsored events (e.g., clean-up, festival, bingo, etc.).
9. This form must be completed annually.

VENICE JAPANESE COMMUNITY CENTER

2024 ONGOING PROGRAMS & CLASSES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
▼ 12:30 Taiko 3:30 Virtual Sunday Yoga 5:30 Volleyball Adult 8:00 Basketball Adult	9:00 Pickleball 10:00 Tai Chi (60+) (Senior Wellness Program) 10:30 Sr. Nutrition ▼ 1:00 Craft Workshop 4:30 Basketball VYC 6:00 Karate (Beginner) 6:30 Aikido 7:00 Del Rey H/O (1 st Mon,Zoom) 7:00 Karate	09:00 Adult Zumba 10:30 Sr. Nutrition ▼ 4:00 Basketball VYC 7:00 Taiko 7:00 Boy Scouts 7:00 Judo	9:00 Pickleball 10:00 Seigin-Kai 10:30 Sr. Nutrition ▼ 4:30 Basketball VYC 7:30 JACL (1 st Wed) 7:00 Kendo 7:00 Adult Zumba	10:30 Sr. Nutrition ▼ 12:30 Ballroom Dance * 4:00 Basketball VYC 6:00 Karate (Beginner) 6:00 Aikido 6:30 Hula 7:00 Ikebana 5:30 Japanese as Sec. Lang. (Before Beginner, Beginner) 7:00 Karate	9:30 Sumi-e 10:30 Sr. Nutrition ▼ 4:00 Basketball VYC 7:00 Japanese as Second Language (Intermediate) 7:00 Judo 7:30 Kendo	7:15 Aikido 9:00 Japanese Language (Children's) 9:30 Japanese Dance* 9:30 Basketball VYC ▼ 1:00 Koto* 2:00 Bunka Shodo 2:00 Iaido
Same as Week 1	Same as Week 1 10:00 Watercolor ▼	Same as Week 1	Same as Week 1 ▼ 7:30 VYC Mtg (2 nd Wed)	Same as Week 1	Same as Week 1 ▼ 7:00 Bonsai (2 nd Fri)	Same as Week 1 3:00 Iaido ▼
Same as Week 1	Same as Week 1	Same as Week 1 ▼ 7:00 Boy Scout Parents 7:00 Photo Club (3 rd Tues)	Same as Week 1 ▼ 7:00 CBO (3 rd Wed) 7:30 VJCC Exec Council	Same as Week 1 ▼ 5:30 Japanese as Sec. Lang. (Before Beginner, Beginner)	Same as Week 1 ▼ 7:00 Japanese as Second Language (Intermediate)	Same as Week 1
Same as Week 1	Same as Week 1 10:00 Watercolor	Same as Week 1 ▼ 7:00 Bonsai (4 th Tues)	Same as Week 1 ▼ 7:00 RAP (4 th Wed)	Same as Week 1	Same as Week 1	Same as Week 1 3:00 Iaido ▼

Revised 10/27/2023

* class has not yet resumed

2024 REPRESENTATIVES

Arts & Crafts

Craft Workshop..... Ruby Kita
 Photo Club..... June Inai
 Watercolor..... Ko Yoshida

Boy Scouts

Scoutmaster..... Eric Gadai
 Parents' Club..... Ted Nishimura

Exercise

Yoga..... Leslie Masuda
 Zumba..... Leonore Miller

Dance

Ballroom Dance..... Gayle Hiram
 Hula..... Wen-Chia Parker
 Japanese Odori..... Dianne Fukuwa

JACL (Venice/WLA)

..... John Saito

Japanese Culture

Bonsai..... Shig Miya, Shinya Miyakoshi
 Ikebana..... Satsuki Palter
 Calligraphy (Japanese Brush Writing)
 Shodo..... Fusako Ogasawara
 Sumi-e..... Jane Shibata

Japanese Language

Gakuen (Youth)..... Jolyn Brookes
 Adults (as a 2nd language)..... Fusako Ogasawara

Martial Arts

Aikido..... Tom Scheir
 Iaido..... Harry Mott
 Judo..... Trace Nishiyama
 Karate..... Ron Sugano
 Kendo..... Kenji Arai

Music

Koto..... Eiko Idota
 Shigin (Seigin-Kai)..... Kosei Yamamura
 Taiko (Koshin)..... Lori Miyakawa

Podiatrist (Dr. Kenneth Teshima)

..... Carolyn Komoto

RAP

..... Tina Grammatico
 Pioneer Project..... Eric Inouye
 Senior Wellness Program..... Gayle Hiram

Sports

Basketball (Adult)..... Chuan Michael Chang, George Johnston
 Basketball (VYC)..... Kathy Yamashita/Kazie Kame
 Pickleball (Adult)..... Mil Kurashige/Ken Rosengrant
 Volleyball (Adult)..... Stephen Fujimoto

Revised 10/27/2023

FOR CLASS INFO, CALL VJCC OFFICE (310) 822-8885 OR EMAIL OFFICE@VJCC.COM
 MESSAGES WILL BE RELAYED TO APPROPRIATE PARTIES



Venice Japanese Community Center, Inc.
COMMUNITY NEWS

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