



May 2022 • Volume 48 • Number 5

12448 Braddock Drive • Los Angeles, California 90066

# 2022 Memorial Day Service

This coming Memorial Day, Monday, May 30, will be the 63rd anniversary commemoration by Japanese American communities on the Los Angeles west side at the *ireito* – memorial tower – at Woodlawn Cemetery to honor the area's Issei pioneers and Nisei soldiers who died in WWII and the Korean War.

Venice Free Methodist Church is the 2022 host of the memorial service that has taken place since 1959. Ministers and representatives from Venice Free Methodist Church, Venice Hongwanji Buddhist Temple, West LA Buddhist Temple, West LA Holiness Church and West LA United Methodist Church, along with representatives from Boy Scout Troop 764, Venice Japanese Community Center and West LA's Japanese Institute of Sawtelle will be participating. Additionally, the Santa Monica Nikkeijin Kai, through the Santa Monica Nikkei Hall Fund via the Asian Pacific Community Fund, continues to support this very special community event.

Provided that COVID-19 restrictions do not rise above current levels, everyone is encouraged to safely attend the Memorial Day Service in person. The multi-denominational service will be conducted in both English and Japanese and will begin at 9:00 a.m. Woodlawn Cemetery is located in Santa Monica, on the corner of 14th Street and Pico Boulevard.



PROCEEDS GO TO THE VICC OPERATING FUND



# **Board Visions**

Involvement with VJCC has been a major part of my life for many years participating in the Venice Youth Council, Boy Scout Troop 764, RAP and being part of the VJCC Board.

Fundraising at VJCC keeps our center vibrant. Having fun while enjoying time with family and friends playing Bingo, Golfing, having dinner



with food trucks at Movie Night, shopping at the Arts and Crafts Fair, enjoying ourselves at our annual festival or sipping sake at our sake social. These are all fun activities that support our center financially while also enjoying ourselves.

The Legacy Tree has been a vital part of supporting and thanking our center. It also provides an opportunity to honor and remember our loved ones. Through **Art Yoshida**'s leadership, the Legacy Tree committee brought the "living tree" to our center 20 years ago. We refer to it as a "living tree" as donors are able to accumulate their donations through the years to reach a higher level of recognition.

The COVID, 2-year shut down, created problems for us to get the medallions up in a timely manner as Legacy Tree Donations continued to come in throughout the shutdown causing us to get behind, We apologize to those whose recognitions were delayed.

We have set in place procedures to let the donors know where their medallion is placed on the tree within 2 weeks and to get the recognition on the tree within 2 months.

We want to thank all of the wonderful friends, volunteers, clubs, and classes who have supported all of our fund-raising efforts which made it possible for the VJCC to build a multipurpose room and remodel our bathrooms.

VJCC will continue to be a second home for many of us through our many classes, clubs and activities for the next 100 years. Thank you to our leadership, volunteers and everyone who participated to make all this possible.

Sharon Aratani



# VJCC<sub>TM</sub>

"A center to preserve the heritage and perpetuate the Japanese-American cultural experience."

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# Venice Japanese Community Center, Inc. COMMUNITY NEWS

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The Venice Japanese Community Center, Inc. Community News is published monthly by the Venice Japanese Community Center, Inc. 12448 Braddock Drive • Los Angeles, CA 90066 • Phone (310) 822-8885

#### **Donations: April 2022**

### **Legacy Tree Donations: April 2022**

The VJCC gratefully acknowledges donations and pledges towards the Legacy Tree.

In Memory of Hitoshi Shimizu
Kiyoshi & Eleanor Hamada ...... \$2,000.00

Kazie Kame.....\$100.00
In Memory of Ben & Betty Yumori

DeAnza Asian Pacific American Staff Assn.. \$100.00 Arthur & Jennie Hasegawa.... Monetary Donation

Shinnen Kai: April 2022

Milnes & Nori Kurashige.....\$100.00

#### **SAVE THESE DATES**

#### **Memorial Day Service**

Woodlawn Cemetery Monday, May 30, 9:00 a.m.

VJCC Summer "Welcome Back" Festival Saturday, June 25, 12:00 p.m. - 9:00 p.m.

**Arts & Crafts Fair** 

Saturday, September 24

Please check VJCC.com for the latest updates.



# VJCC<sub>TM</sub> JOB OPPORTUNITY

# **Part-time Office Manager**

The Venice Japanese Community Center ("VJCC") is searching for an Office Manager. The VJCC's mission is to preserve the heritage and perpetuate the Japanese American cultural experience. This position requires the Office Manager to work from the VJCC's Office.

#### **ESSENTIAL FUNCTIONS**

The VJCC Office Manager will perform various administrative functions, including but not limited to:

- Conduct effective in-person, telephone, and mail communications among VJCC leadership, clubs, members and external individuals and organizations, in a professional manner.
- Manage the annual mailings for the major VJCC events.
- Assist the VJCC Event Committee to plan and prepare for the major VJCC events; Shinnen Kai, Woodlawn Memorial Day Service and other events.
- Coordinate with VJCC Facility Manager for facility maintenance and usage requests.

#### **SALARY**

Dependent on work experience.

#### **WORKING HOURS**

Approximately 20 hours per week.

Possible times outside these hours may be required.

#### **EXPERIENCE/SKILLS REQUIRED**

Strong interpersonal skills, computer-literate, including use of word processing apps and spreadsheets.

#### **SUBMIT TO:**

office@vjcc.com

- or -

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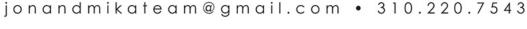
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# **Board Vision by Sharon Aratani – May 2022**

VJCC のベニスユースカウンシルや、ボーイスカウト 764 部隊や、RAP に参加したり、、VJCC の役員として関わることが何年間もの間、私の人生の大部分を占めています。

VJCCでファンドレイジングをすることでセンターを活気のある場所に保っています。 ビンゴをしたり、ゴルフをしたり、ムービーナイトにフードトラックの夕食をしたり、 アートとクラフトのフェアーで買い物をしたり、恒例の夏祭りを楽しんだり、酒ソーシャルで、酒をちびちび飲んだりして、家族と友人との時間を楽しむことは、楽しいです。 VJCCでの楽しい活動は、皆が楽しみながら、そのすべての活動がセンターの財政を支えるための活動になっています。

レガシーツリーは、センターを支え、感謝する活発な活動の1つです。それは、また、 大切な人のことを称えて、思い出す機会も与えてくれます。ヨシダアートさんのリーダ ーシップを通して、レガシーツリー委員会は、20年前にセンターに木の形をしたレガ シーツリーを作りました。私たちは、寄付をしてくださった人が何年にもわたって寄付 の額を蓄積したことが認識されるようにと寄付してくださった方の名前を紹介しました。

コロナ禍での2年間、通常通りに、レガシーツリードネーションに、寄付をしてくだ さった方々の名前を刻むことができず、そのお礼のご挨拶が遅れてしまったことをお詫 び申し上げます。

私たちは、2週間以内に、木に札を取り付けて、2か月以内に、札に名前を刻むという 手順を踏んでいます。

ファンドレイジングで、VJCC を支えてくださっている、素晴らしいボランティアや、 クラブやクラスの皆さんに感謝いたします。お陰で、多目的教室を作ったり、トイレの 改装をすることができました。

VJCC は、次の 100 年の活動に向けて、クラスやクラブの人たちの第二の家であり続けていくでしょう。これからも、皆様のご協力ご支援をお願いいたします。

アラタニ シャーロン

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# DONATE A VEHICLE



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Contact Sharon at

Treasurer@VJCC.com

for details and additional information.

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VJCC<sub>TM</sub>
Community News

### **VENICE PIONEER PROJECT**

May 2022

#### **SCHEDULE**

May 7 Saturday SOUND OF MUSIC
Live Broadway show @ La Mirada
Theater. Departure – arrive at the
VJCC parking lot by 12:15 pm for
check-in.

May 25 -27 <u>LAS VEGAS TRIP</u>
Tuesday to Thursday. California Hotel for 3 days and 2 nights with 2 meals a day. Departure – arrive at the VJCC parking lot by 9:30am for check-in,

June 25 Saturday <u>VJCC SUMMER</u>
<u>FESTIVAL</u> & PICNIC noon to 9pm

depart soon after.

July INDIAN CASINO is being planned
August LUNCHEON BBQ is being planned

<u>VJCC SUMMER FESTIVAL & PICNIC</u> June 25 Saturday – only one day from noon to 9pm with ODORI.

FOOD – planning for food trucks, or bring your own, & free ice cream

GYM – club demonstrations with tables inside & outside

MPR - Expo with some exhibits

**GENERAL STORE – CANCELLED** Classroom 3 & 5. The Project is **sorry** but with a shortened one-day Festival it would be too much work and effort to set-up, sort, arrange, sell, clean-up, etc. Please **do not save** items that are old, dirty, dusty, and items that need to be cleaned. The Project in the future will only be accepting items that are CLEANED and in GOOD CONDITION because of limited space, time, & volunteers.

PLANT SALE & WATER SALE is being planned.

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# **Alzheimer's Conference**



Presented by Keiro & Alzheimer's Los Angeles

Saturday, June 11, 2022 10:00 a.m. - 12:30 p.m. PDT **Zoom Webinar** 

This FREE event will bring together a panel of expert speakers to educate the community on Alzheimer's disease and related disorders.

This conference will be in English with simultaneous Japanese interpretation.

Registration closes Friday, June 10th.

Visit keiro.org/alzheimers-conference



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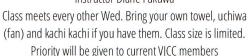
# Serior Wellness Program

May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	10 - 11 AM Tai Chi (MPR) 2 12- 2 PM Chinese Mahjong (L)	10 AM - 12 PM Chinese 3 Mahjong (L) 1-1:45 PM Virtual chair Yoga (Z)	4	5 10:15 AM Chair Zumba (MPR)	6	7
8	10 - 11 AM Tai Chi (MPR)  12- 2 PM Chinese  Mahjong (L)	10 AM - 12 PM Chinese 1 O Mahjong (L)  Virtual chair yoga (TBD)	11 10:30 - 11:30 AM Ondo Dance (MPR)	12 No Chair Zumba	13	14
15	10 - 11 AM Tai Chi (MPR) 16	10 AM - 12 PM Chinese 17 Mahjong (L)  Virtual chair yoga (TBD)	18	19 No Chair Zumba	20 Hello Kitty Coloring Contest Begins	21
22	10 - 11 AM Tai Chi (MPR) 23 12- 2 PM Chinese Mahjong (L)	10 AM - 12 PM Chinese 24 Mahjong (L) Virtual chair yoga (TBD)	25 10:30 - 11:30 AM Ondo Dance (MPR)	26 No Chair Zumba	27	28
29	30 VJCC CLOSED	10 AM - 12 PM Chinese 31 Mahjong (L) 31 Virtual chair yoga (TBD)			MPR=	Location: L = VJCC Lounge VJCC Multipurpose Room Z= Zoom

#### **Ondo Dance Class**

Wednesday, May 11th 10:30-11:30am (MPR) Instructor Diane Fukuwa



# **Beginning Line Dancing**

Tuesdays, June 7th 9:30 - 10:30am (MPR)

Instructor: Chris Mori

Class meets every other Tuesdays. Class size is limited. Priority will be given to current VJCC member. This is a Beginners class (for those who have not taken a formal class before at VJCC). This is also NOT a refresher course. Our number one priority is the safety of our participants. All classes and activities follow strict CDC protocols. Participants must be fully vaccinated and had taken first booster shot. Scheduled classes can change, rescheduled, canceled due to the COVID - 19. Any questions or concerns, please contact me at 310.890.1732 or gayle\_hirami@yahoo.com



#### **Fall Prevention Tips**

Falls can happen anywhere, both indoors and outdoors. Whether you have fallen before or want to avoid falling in the future, here are different ways you can decrease your risk of

#### Talk to Your Doctor

- Ask your doctor to evaluate your risk of falling. Ask about medications you take and if any of them can impair balance by making you dizzy. Keep your doctor informed of falls so they can help prevent future ones.

- Engage in strength and balance exercises
- Walking, standing, sitting, and balance exercises such as yoga, dance, or tai chi

#### Check Your Eves

- Depth perception as well as seeing clearly can affect your ability to see trip hazards or objects you may fall over.
- Regularly keep up with eye appointments and update glasses if necessary

#### Be Aware of the Environment

- Watch where you are going and be aware of your surroundings Be alert when walking in dark areas.
- Avoid rushing by taking your time walking or standing up

#### Add Safety Measures

- Consider removing trip hazards such as loose rugs, wires, or cables.

  Adding grab bars in the bathroom, railings to stairs, and using brighter
- lightbulbs or a nightlight can help provide extra support when walking around

#### Practice Safety First

- Wear comfortable shoes that fit well. Try to choose shoes that have low heels, are non-slip, and are rubber soled.
- Get enough sleep. Sleepiness can increase your risk of falls
- o Limit your alcohol intake. Alcohol can affect balance and reflexes, increasing the chances of a fall.
- o Use assistive devices such as a cane or walker. These can be especially helpful when navigating areas with uneven surfaces.

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"Hello Kitty" coloring contest will begin on Friday, May 20th. Deadline to return completed entry will be on Friday, July 22 by 12 noon at VJCC. 1st Place Winner -\$30 Mitsuwa Gift Card. Must be a current VICC member to participate. Pick up entries at the VJCC Office.





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# ☆ベニス空手クラブ☆

早いもので、今年になってから3分の1が過ぎてしまいました。メモリアルデーまでもう少しです。学校やオフィスも対面になっているところがだんだん増えてきているようです。空手クラブでも対面での練習が続き、皆熱心に稽古に励んでいます。

- 4月に行われたテストの結果をお知らせいたします。
- 8級B アガジャネアン マイアさん
- 8級 山田カイラさん
- 7級B スワンソン アミさん、フォング ルークさん
- 7級 フォング リツコさん、スワンソン エリックさん
- 6級 アサムラ ランスさん ライマー グレーソンさん ライマー ジェーソンさん
- 5級B ゲラシモフ ダニエルさん
- 4級 船越梨亜さん ヨシカワ クロエさん
- 1級B スガノ ガレットさん
- 1級 ホルバート ケネスさん

おめでとうございます。これからも、日々鍛錬に励んでください。

ベニス空手クラブでは、毎週月曜日と木曜日の午後 4 時から 5 時までと、午後 7 時から 9 時 15 分練習をしています。何か始めたいと思っている方は、いつでも歓迎します。

詳しくは VJCC のオフィスにお問い合わせください。

### **VENICE KARATE CLUB**

May 2022

Hello everyone! We hope everyone is doing well and staying healthy through these times.

It's a bit hard to believe more than a third of the year has passed already, and Memorial Day is right around the corner! Even with schools and offices returning more and more to in-person, our students continue to train hard and regularly with high spirits. Seeing this reminds us that nothing beats having a good spirit no matter what the situation is.

The Karate Club held its Kyu exams and training in April. All our students are progressing well, a testament to their continued training, and the support from our Senseis and Instructor trainees.

Below are the results of the Kyu exam:

#### Test Results April 2022

8B kyu – Maia Agadjanean

8 kyu – Kayla Yamada

7B kyu - Ami Swanson, Luke Fong

7 kyu – Ritsuko Fong, Eric Swanson

6 kyu – Lance Asamura, Grayson Rimer, Jason Rimer

5B - Daniel Gerasimov

4 kyu – Ria Funakoshi, Chloe Yoshikawa

1B kyu – Garret Sugano

1 kyu – Kenneth Holbert

Many congratulations to the students that participated in the exam, we look forward to your future endeavors with your new ranks!

\_\_\_\_\_

The Venice Karate Club meets every Monday and Thursday from 4-5pm, and 7:00-9:15pm. Whether you are continuing your training or are interested in starting something new, our Club will always welcome you.

If interested, please contact the Venice Japanese Community Center office for details.



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### SENIOR NUTRITION

Not just a healthy meal...



# CALLING ALL HOME GARDENERS...



**VJCC Senior Nutrition** is looking for donations.



Please bring donated produce to VJCC on the 1st & 3rd Mondays at 9:00am



starting Monday, May 2, 2022.



All donations will be shared with the VJCC& VHBT community from 9:30am - 11:00am.



This month we will be launching our "Home Garden Market".

All donated produce from home gardens will be shared back to our VJCC & VHBT community!

Please come join us every 1st & 3rd Monday 😃



Stay connected! Jae & the Nutrition Volunteers



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- Specialized in Neurological Conditions, including Parkinson's Disease, Stroke and more.
- Over 30 years combined staff experience

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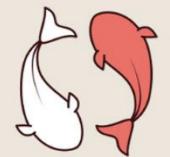




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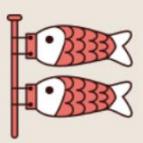


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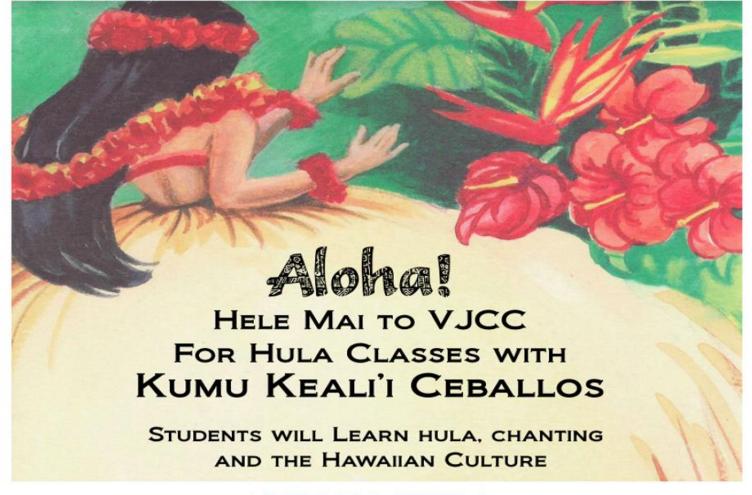
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CLASSES OPEN TO ALL AGES \$15 PER CLASS FRIDAYS AT VJCC 5:30PM to 6:30PM

Contact: Wen-Chia Parker <a href="wenchia@gmail.com">wenchia@gmail.com</a> 310-254-6858 VENICE JAPANESE COMMUNITY CENTER 12448 BRADDOCK DRIVE OFFICE PHONE: 310- 822-8885





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# VJCC the First Hundred Years

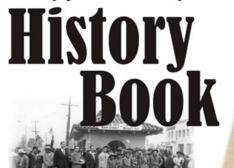
# VENICE JAPANESE COMMUNITY CENTER



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Venice Japanese Community Center



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# VENICE JAPANESE COMMUNITY CENTER

2022 ONGOING PROGRAMS & CLASSES						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:30 Taiko 3:30 Virtual Sunday Yoga 5:30 Volleyball Adult 8:00 Basketball Adult	9:00 Pickleball 10:00 Tai Chi (60+) (Senior Wellness Program) 10:30 Sr. Nutrition  1:00 Craft Workshop 4:00 Basketball VYC 4:00 Karate (Beginner) 6:30 Aikido 7:00 Del Rey H/O (1st Mon) 7:00 Karate	10:30 Sr. Nutrition  To Virtual Chair Yoga (Sr. Wellness) 4:00 Basketball VYC 7:00 Taiko 7:00 Boy Scouts 7:00 Judo	9:00 Pickleball 10:00 Shigin-Kinyukai 10:30 Sr. Nutrition  4:00 Basketball VYC 7:30 JACL (1st Wed) 7:00 Kendo	10:30 Sr. Nutrition  ▼ 12:30 Ballroom Dance 12:45 Ukulele (Inter. I & II) 1:00 Virtual Chair Zumba (Sr. Wellness) 4:00 Basketball VYC 4:00 Karate (Beginner) 6:30 Aikido 7:00 Ikebana 7:00 Karate	9:30 Sumi-e 10:30 Sr. Nutrition  ▼ 4:00 Basketball VYC 5:30 Hula 7:00 Japanese as Second Language 7:00 Judo 7:30 Kendo	7:15 Aikido 9:00 Japanese Language (Children's) 9:30 Japanese Dance 9:30 Basketball VYC
Same as Week 1	Same as Week 1 10:00 Watercolor	Same as Week 1	Same as Week 1  7:30 VYC Mtg (2 <sup>nd</sup> Wed)	Same as Week 1	Same as Week 1  ▼ 7:00 Bonsai (2 <sup>nd</sup> Fri)	Same as Week 1 3:00 Iaido
Same as Week 1	Same as Week 1	Same as Week 1  7:00 Boy Scout Parents 7:00 Photo Club (3rd Tues)	Same as Week 1  7:00 CBO (3 <sup>rd</sup> Wed) 7:30 VJCC Exec Council	Same as Week 1	Same as Week 1  ▼ 7:00 Karaoke (3 <sup>rd</sup> Fri)	Same as Week 1
Same as Week I	Same as Week 1 10:00 Watercolor	Same as Week 1  V  11:30 Podiatrist (last Tues only) 7:00 Bonsai (4 <sup>th</sup> Tues)	Same as Week 1  7:00 RAP (4 <sup>th</sup> Wed)	Same as Week 1	Same as Week 1	Same as Week 1 3:00 Iaido ▼

Revised 4/28/22

# **2022 REPRESENTATIVES**

Arts & Crafts	Martial Arts
Craft Workshop Masako Ido	Aikido
Photo ClubJune Inai	laido Harry Mott
Watercolor Ko Yoshida	Judo Trace Nishiyama
Boy Scouts	KarateRon Sugano
Scoutmaster Bill Conroy	KendoKenji Arai
Parents' Club Ted Nishimura	Music
Exercise	KaraokeWilliam Ota
YogaLeslie Masuda	KotoEiko Idota
	Shigin (Kinyu Kai)Kyoko Yamamura
Dance	Taiko (Koshin)Lori Miyakawa
Ballroom Dance	UkuleleKay Kawano
Hula Wen-Chia Parker	Podiatrist (Dr. Kenneth Teshima)
Japanese Odori Dianne Fukuwa	RAPCarolyn Komoto
	Seniors 7
JACL (Venice/WLA)John Saito	Nutrition
Japanèse Culture	Pioneer ProjectEric Inouye
Bonsai Shig Miya, Shinya Miyakoshi	Senior Wellness ProgramGayle Hirami
IkebanaSatsuki Palter	
Calligraphy (Japanese Brush Writing)	<u>Sports</u>
ShodoFusako Ogasawara	Basketball (Adult)Chuan Michael Chang, George Johnston
Sumi-e June Lee-Chin	Basketball (VYC)Kazie Kame
Japanese Language	Pickleball (Adult)Mil Kurashige/Ken Rosengrant
Gakuen (Youth) Jolyn Brookes	Volleyball (Adult) Stephen Fujimoto
Adults (as a 2 <sup>nd</sup> language)Fusako Ogasawara	Venice Youth Council (Mtg)Harry Sagara



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### **SAVE THESE DATES**

#### **Memorial Day Service**

Woodlawn Cemetery Monday, May 30, 9:00 a.m.

Summer "Welcome Back" Festival Saturday, June 25, 12:00-9:00 p.m.

Arts & Crafts Fair Saturday, September 24

Please continue to check VJCC.com for the latest updates for the Center.

### **IN THIS ISSUE**

**2022** Memorial Day Service Board Visions: Legacy Tree

#### **Club News:**

Karate Club Photo Club Pioneer Project Senior Nutrition Senior Wellness

#### 日本語:

空手クラブ 役員からのメッセージ